

2025 MSABC Provincial - 2025-04-25 to 2025-04-27

Sanction #: 24123

Meet Program

Event 1Mixed 1500 SC Meter Freestyle

Positive Checkin

Lane	Name	Age	Team	Seed Time	
Heat 1 of 4	Finals				
1	Arruda-Holder, Brittany	W37	Nanaimo Ebbtides	50:00.00	_____
2	Coombs, Katie	W38	Coast Swim Team	36:57.40	_____
3	Goodfellow, Anne	W59	Comox Valley	33:30.00	_____
4	Pedley, Sarah	W48	Coast Swim Team	28:33.00	_____
5	Thrift, Erin	W48	Legacy	30:00.00	_____
6	MacPherson, Linda	W87	Nanaimo Ebbtides	35:30.00	_____
7	Wyatt, Sharon	W59	Royal Masters Sw	40:00.00	_____
8					_____

Heat 2 of 4	Finals				
1	Younk, Karina	W65	Nanaimo Ebbtides	28:00.00	_____
2	Manley, Theo	W70	Salmon Arm	27:15.00	_____
3	Wallace, Victoria	W57	Coast Swim Team	26:30.00	_____
4	Boothroyd, James	M65	English Bay	26:00.00	_____
5	Lennard, Brant	M31	Nanaimo Ebbtides	26:15.00	_____
6	Korban, Martine	W60	Dogwood Masters	27:00.00	_____
7	Collins, Debbie	W66	North Shore Mast	27:30.00	_____
8	Dowling, Mike	M78	North Shore Mast	28:01.00	_____

Heat 3 of 4	Finals				
1	Johannesson, Shelley	W64	Nanaimo Ebbtides	24:57.36	_____
2	Dallin, Christopher	M62	Winskill Otters	23:45.00	_____
3	Mckee, Scott	M65	Salmon Arm	23:32.00	_____
4	Gregory, Mike	M41	Breakwater Maste	23:00.00	_____
5	Carrier, Maya	W22	Nanaimo Ebbtides	23:00.00	_____
6	Downey, James	M65	Victoria Masters	23:36.00	_____
7	Wilkinson, Mark	M60	Port Alberni	24:13.00	_____
8	Campbell, Marie	W51	Legacy	25:30.30	_____

Heat 4 of 4	Finals				
1	Leier, Brian	M67	Comox Valley	22:25.04	_____
2	Mariano, Chris	M41	English Bay	21:30.00	_____
3	Thesiger, James	M45	Legacy	20:30.00	_____
4	Frappell, Anders	M55	Hyack	19:50.00	_____
5	Aamodt, Tor	M52	Canadian Dolphin	20:03.69	_____
6	Robinson, Dale	M51	Victoria Masters	20:45.00	_____
7	Ouchi, Robynne	W48	Vernon	22:00.00	_____
8	Sabourin, Drew	M47	Spirit Orcas	22:40.00	_____

Event 2Mixed 200 SC Meter IM

Lane	Name	Age	Team	Seed Time	
Heat 1 of 10	Finals				
1					_____
2	Holmwood, John	M71	Vernon	4:28.00	_____
3	Manley, Theo	W70	Salmon Arm	4:13.55	_____
4	Pedley, Nadia	W48	Coast Swim Team	4:08.54	_____
5	Younk, Karina	W65	Nanaimo Ebbtides	4:10.00	_____
6	Dowling, Mike	M78	North Shore Mast	4:26.00	_____
7	Lapointe, Nicholas	M36	Spirit Orcas	5:15.00	_____
8					_____

Heat 2 of 10	Finals				
1	King, Justin	M27	Chilliwack Maste	3:52.55	_____
2	Johannesson, Shelley	W64	Nanaimo Ebbtides	3:47.52	_____
3	Summers, Scott	M58	Edmonton Masters	3:40.00	_____
4	Tucker, Kylie	W50	Vernon	3:40.00	_____
5	Rhodes, Avila	W69	Victoria Masters	3:40.00	_____
6	Nicholson, Ross	M62	White Rock Wave	3:43.58	_____
7	Denham, Adrienne	W54	Legacy	3:50.00	_____
8	Kardash, Darlene	W60	Victoria Masters	3:55.00	_____

Heat 3 of 10	Finals				
1	Clark, Julie	W51	Coast Swim Team	3:31.00	_____
2	Haalboom, Alex	W36	Legacy	3:30.00	_____
3	Kim, Andrew	M35	Legacy	3:25.00	_____
4	Freeman, Dale	W65	English Bay	3:24.90	_____
5	Darvill, Kathleen	W44	Westshore Master	3:25.00	_____
6	Quilty, Nadine	W56	Salmon Arm	3:30.00	_____
7	Chung, Shirley	W54	Legacy	3:30.00	_____
8	Estevo, Cesar	M36	Comox Valley	3:40.00	_____

Heat 4 of 10	Finals				
1	Kitano, David	M49	Comox Valley	3:24.00	_____
2	Langford, Keely	W41	Coast Swim Team	3:20.00	_____
3	Kalaki, Camélia	W41	Legacy	3:20.00	_____
4	Coutu, Tessa	W34	White Rock Wave	3:15.00	_____
5	Anderson, Catherine	W39	Westshore Master	3:19.00	_____
6	McGrath, Ann	W62	Salmon Arm	3:20.00	_____
7	Atkey, Susan	W56	Coast Swim Team	3:21.90	_____
8	Wallace, Victoria	W57	Coast Swim Team	3:24.67	_____

Heat 5 of 10	Finals				
1	Knox, Kylie	W30	Nanaimo Ebbtides	3:12.04	_____
2	de Groot-Hedlin,	W65	Victoria Masters	3:11.59	_____
3	Skoda, Susie	W55	Legacy	3:08.70	_____
4	Shipley, Kari	W35	Royal Masters Sw	3:05.00	_____
5	Bartle, Darlana	W41	Victoria Masters	3:08.50	_____
6	Lauzon, Chantal	W52	English Bay	3:10.00	_____
7	Keefe, Ryan	M51	Dogwood Masters	3:12.00	_____
8	Halton, Jane	W49	Legacy	3:12.80	_____

Heat 6 of 10	Finals				
1	Harper, Nicole	W47	Royal Masters Sw	3:00.10	_____
2	Lightfoot, Tom	M60	Legacy	3:00.00	_____
3	Wood, Megan	W36	Legacy	3:00.00	_____
4	West, Alethea	W23	Nanaimo Ebbtides	2:57.63	_____
5	Robertson, Ian	M62	Hollyburn	2:58.00	_____
6	Gregory, Mike	M41	Breakwater Maste	3:00.00	_____
7	Bhagal, Amman	M43	Royal Masters Sw	3:00.00	_____
8	Brown, Janis	W64	Dogwood Masters	3:04.75	_____

Heat 7 of 10	Finals				
1	Van Vliet, Morgan	W43	Ubc Masters	2:55.00	_____
2	Gomez-Duran, Daniel	M55	Legacy	2:55.00	_____
3	Sexton, Danielle	W36	Coast Swim Team	2:53.02	_____
4	Hartford, Doug	M62	Victoria Masters	2:51.25	_____
5	Pendergast, Christina	W48	Nanaimo Ebbtides	2:53.00	_____
6	Foukal, Annick	W39	English Bay	2:53.18	_____
7	Westmacott, Lauren	W46	Victoria Masters	2:55.00	_____
8	Batara, Magnus	M34	Nanaimo Ebbtides	2:55.30	_____

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Meet Program

Heat	8 Finals (#2 Mixed 200 SC Meter IM)			
1	Pendergast, Gavin	M19	Nanaimo Ebbtides	2:50.00
2	Grant, Andrew	M48	Legacy	2:49.00
3	Daniel, Chris	M65	EDDIE	2:46.00
4	Friesen, Adrienne	W34	Ubc Masters	2:45.00
5	Schier, Catherine	W53	North Shore Mast	2:46.00
6	Thesiger, James	M45	Legacy	2:48.00
7	Smith, Lee	W46	Legacy	2:49.98
8	Hamilton, Gary	M65	Legacy	2:51.00

Heat	9 of 10 Finals			
1	Godding, Curtis Tyler	M55	North Shore Mast	2:44.89
2	Rawlings, Kayla	W38	Dogwood Masters	2:40.00
3	Garcia-Martinez, Hector	M40	Dogwood Masters	2:39.56
4	Nepogodin, Ilya	M40	Legacy	2:38.98
5	Ruiz, Mauricio	M48	North Shore Mast	2:39.10
6	Heusel, Peter	M57	English Bay	2:40.00
7	Pickard, Kevin	M52	Squamish Titans	2:41.00
8	Feschuk, Finn	M19	Nanaimo Ebbtides	2:45.00

Heat	10 of 10 Finals			
1	Sanchez, Carlos	M50	White Rock Wave	2:37.00
2	Saretsky, Barry	M56	Edmonton Masters	2:34.00
3	Ryan, Jordyn	W26	Victoria Masters	2:25.00
4	Lida, Ryoma	M28	Royal Masters Sw	2:15.00
5	Savage, Jack	M25	Dogwood Masters	2:22.47
6	Vandendungen, Daniel	M46	Duncan Stingrays	2:31.90
7	Scoffield, Trevor	M51	White Rock Wave	2:35.00
8	Aamodt, Tor	M52	Canadian Dolphin	2:37.03

Event	3	Mixed 50 SC Meter Backstroke		
Lane	Name	Age	Team	Seed Time
Heat	1 of 11 Finals			
1	Newell, Lisa	W44	Spirit Orcas	2:02.30
2	Cooper, Karen	W70	Coast Swim Team	1:28.00
3	Gray, Mekayla	W22	Nanaimo Ebbtides	1:18.76
4	Komkov, Ivan	M37	Royal Masters Sw	1:15.00
5	Sharock, Maria	W45	Spirit Orcas	1:18.40
6	Tracz, Sharon	W83	Salmon Arm	1:20.00
7	Motchman, Meliah	W34	Spirit Orcas	1:37.60
8				

Heat	2 of 11 Finals			
1	McGowan, Dixon	M52	Spirit Orcas	1:04.20
2	McLafferty, Frances	W69	Legacy	1:02.41
3	Cross, Susanna	W42	Victoria Masters	1:00.00
4	Younk, Karina	W65	Nanaimo Ebbtides	55.60
5	Conti, Valerie	W39	White Rock Wave	57.00
6	Lapointe, Nicholas	M36	Spirit Orcas	1:02.30
7	Fogg, Anna	W37	Coast Swim Team	1:03.54
8	Pilon, Carol	W55	Victoria Masters	1:05.00

Heat	3 of 11 Finals			
1	Quilty, Nadine	W56	Salmon Arm	52.00
2	Irvine, Natasha	W43	Legacy	50.20
3	Arruda-Holder, Brittany	W37	Nanaimo Ebbtides	50.00
4	Peel, Melissa	W39	White Rock Wave	48.00
5	Steele, Sarah	W42	Royal Masters Sw	48.22
6	Montgomery, Shannon	W54	Comox Valley	50.00
7	Ryan, Nancy	W77	Nanaimo Ebbtides	51.50
8	Krall, Karen	W63	Coast Swim Team	55.00

Heat	4 of 11 Finals			
1	Moore, Prudence	W77	North Shore Mast	47.90
2	Yeung, Jamie	W30	Royal Masters Sw	46.00
3	Kitano, David	M49	Comox Valley	45.50
4	Donoghue, Karl	M85	Dogwood Masters	45.00
5	Brault, Danielle	W69	Victoria Masters	45.24
6	Stanley Wilson, Linda	W67	White Rock Wave	46.00
7	Denham, Adrienne	W54	Legacy	47.00
8	Rhodes, Avila	W69	Victoria Masters	48.00

Heat	5 of 11 Finals			
1	Wynne, Lindsay	W37	Legacy	45.00
2	Vugteveen, Brenda	W62	Nanaimo Ebbtides	45.00
3	Colasanto, Jessica	W57	Nanaimo Ebbtides	45.00
4	McGrath, Ann	W62	Salmon Arm	45.00
5	Langford, Keely	W41	Coast Swim Team	45.00
6	Clibbon, Chris	M54	Legacy	45.00
7	Campbell, Marie	W51	Legacy	45.00
8	Janzen, Vicki	W55	Chilliwack Maste	45.00

Heat	6 of 11 Finals			
1	Pedley, Sarah	W48	Coast Swim Team	44.76
2	Chandler, Christine	W42	Royal Masters Sw	44.11
3	Huerta, Salvador	M75	North Shore Mast	43.75
4	Brown, Janis	W64	Dogwood Masters	42.50
5	Morris, Alan	M76	Hollyburn	42.69
6	Bumpus, Michelle	W50	White Rock Wave	44.00
7	LeBrun, James	M37	White Rock Wave	44.29
8	Haalboom, Alex	W36	Legacy	45.00

Heat	7 of 11 Finals			
1	Garratt, Cariad	W49	Legacy	42.00
2	Molson, Danica	W40	Nanaimo Ebbtides	41.02
3	Christensen, John	M64	Nanaimo Ebbtides	41.00
4	Dallin, Christopher	M62	Winskill Otters	40.00
5	Kim, Andrew	M35	Legacy	40.86
6	Carmichael, Rod	M74	Victoria Masters	41.01
7	Eidsvik, Chris	M65	Nanaimo Ebbtides	41.80
8	Darvill, Kathleen	W44	Westshore Master	42.00

Heat	8 of 11 Finals			
1	Robertson, Ian	M62	Hollyburn	39.70
2	Pendergast, Anna	W21	Nanaimo Ebbtides	39.00
3	Massyn, Mark	M61	Legacy	39.00
4	Ling, Francine	W42	Nanaimo Ebbtides	38.00
5	Molitwenik, Jarett	W20	Vernon	39.00
6	Graham, Kathy	W67	Dogwood Masters	39.00
7	Ferguson, Alanaise	W50	Okanagan	39.61
8	Clark, Julie	W51	Coast Swim Team	39.90

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Heat	9 Finals (#3 Mixed 50 SC Meter Backstroke)			
1	Van Vliet, Morgan	W43	Ubc Masters	38.00
2	Stamhuis, Michael	M72	Vernon	37.50
3	Khorvin, Alexey	M52	Legacy	36.00
4	Mabee, Cindy	W56	Victoria Masters	35.50
5	Godding, Curtis Tyler	M55	North Shore Mast	35.51
6	Ouchi, Robynne	W48	Vernon	36.00
7	Grant, Andrew	M48	Legacy	37.60
8	Hiscock, Matthew	M34	Victoria Masters	38.00

Heat	10 of 11 Finals			
1	Wood, Megan	W36	Legacy	34.90
2	Carrier, Maya	W22	Nanaimo Ebbtides	34.47
3	Lutz, Joel	M52	Nanaimo Ebbtides	33.99
4	Friesen, Adrienne	W34	Ubc Masters	32.78
5	Fraser, Alex	M32	Ubc Masters	33.38
6	Olynik, Christopher	M44	Nanaimo Ebbtides	34.00
7	Nepogodin, Ilya	M40	Legacy	34.51
8	Roguski, Dylan	M47	Nanaimo Ebbtides	35.30

Heat	11 of 11 Finals			
1	Douglas, Kirsten	W27	English Bay	31.16
2	Ouchi, Kurt	M50	Vernon	30.50
3	Vandendungen, Daniel	M46	Duncan Stingrays	29.81
4	Best, Adam	M34	Royal Masters Sw	25.95
5	Savage, Jack	M25	Dogwood Masters	27.84
6	Thormeyer, Markus	M28	English Bay	30.00
7	Konge, Leo	M21	Salmon Arm	31.11
8	Ruiz, Mauricio	M48	North Shore Mast	31.75

Event 4 Mixed 400 SC Meter Freestyle Relay

Friday Event 4,5,6 Combined

Lane	Team	Relay	Seed Time
Heat	1 of 3 Finals		
1			
2	Spirit Orcas	X160 A	7:50.00
3	White Rock Wave	W160 A	6:00.00
4	Royal Masters Sw	X120 B	5:40.00
5	Salmon Arm	X200 A	5:49.00
6	Legacy	W200 A	7:45.00
7			
8			

Heat	2 of 3 Finals		
1	Vernon	X240 B	5:35.00
2	Legacy	W120 C	5:25.00
3	White Rock Wave	M200 B	5:15.00
4	Royal Masters Sw	X120 C	5:05.00
5	English Bay	X200 A	5:10.00
6	Nanaimo Ebbtides	W100 B	5:15.00
7	Coast Swim Team	W160 B	5:28.00
8	Coast Swim Team	W200 A	5:39.00

Heat	3 of 3 Finals			
1	Victoria Masters	X240 A		4:50.00
2	Nanaimo Ebbtides	M120 C		4:40.00
3	Legacy	M160 B		4:30.00
4	Royal Masters Sw	X120 A		4:18.00
5	Vernon	X200 A		4:24.00
6	Legacy	M240 A		4:40.00
7	Nanaimo Ebbtides	X120 A		4:45.00
8	Legacy	W160 B		5:00.00

Event 7 Mixed 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat	1 of 10 Finals			
1				
2	Brussel, Betty	W101	White Rock Wave	12:36.00
3	Sharock, Maria	W45	Spirit Orcas	9:55.10
4	Coombs, Katie	W38	Coast Swim Team	9:19.29
5	Quick, Paula	W73	Chilliwack Maste	9:49.00
6	Meret, Paolo	M71	Royal Masters Sw	10:09.69
7				
8				

Heat	2 of 10	Finals			
1	Pilon, Carol	W55	Victoria Masters	8:10.00	_____
2	Arruda-Holder, Brittany	W37	Nanaimo Ebbtides	7:52.03	_____
3	McGowan, Dixon	M52	Spirit Orcas	7:45.60	_____
4	King, Justin	M27	Chilliwack Maste	7:35.50	_____
5	Stephens, Melanie	W55	Kisu	7:44.44	_____
6	Allen, Steven	M76	Victoria Masters	7:47.00	_____
7	Krall, Karen	W63	Coast Swim Team	8:00.00	_____
8	LeBrun, James	M37	White Rock Wave	8:20.59	_____

Heat	3 of 10	Finals			
1	Pedley, Nadia	W48	Coast Swim Team	7:30.00	_____
2	Wynne, Lindsay	W37	Legacy	7:02.21	_____
3	Korban, Martine	W60	Dogwood Masters	7:00.00	_____
4	Rea-Palmer, Simon	M45	Nanaimo Ebbtides	7:00.00	_____
5	Tucker, Kylie	W50	Vernon	7:00.00	_____
6	Schmelzel, Alan	M71	Hyack	7:01.69	_____
7	Thrift, Erin	W48	Legacy	7:22.00	_____
8	Edmondson, Jonathan	M52	White Rock Wave	7:30.00	_____

Heat	4 of 10	Finals			
1	Tannas, Karen	W59	Breakwater Maste	6:55.00	_____
2	Van Muijlwijk, Jesse	M64	Nanaimo Ebbtides	6:50.00	_____
3	Colasanto, Jessica	W57	Nanaimo Ebbtides	6:40.00	_____
4	Goodfellow, Anne	W59	Comox Valley	6:34.00	_____
5	Summers, Scott	M58	Edmonton Masters	6:35.00	_____
6	Fogg, Anna	W37	Coast Swim Team	6:40.92	_____
7	Allin, Lynne	W59	Victoria Masters	6:52.83	_____
8	Dowling, Mike	M78	North Shore Mast	6:59.00	_____

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Heat 5 Finals (#7 Mixed 400 SC Meter Freestyle)				
1	Lennard, Brant	M31	Nanaimo Ebttides	6:24.00
2	Boothroyd, James	M65	English Bay	6:20.00
3	Hillis, Laura	W30	Legacy	6:20.00
4	Brown, Janis	W64	Dogwood Masters	6:15.55
5	O'Melinn, Lorcan	M69	Hyack	6:19.39
6	Chung, Shirley	W54	Legacy	6:20.00
7	Atkey, Susan	W56	Coast Swim Team	6:21.90
8	Johannesson, Shelley	W64	Nanaimo Ebttides	6:30.32
Heat 6 of 10 Finals				
1	Mckee, Scott	M65	Salmon Arm	5:59.00
2	Sabourin, Drew	M47	Spirit Orcas	5:50.01
3	Lightfoot, Tom	M60	Legacy	5:49.09
4	Wilkinson, Mark	M60	Port Alberni	5:43.17
5	Komkov, Ivan	M37	Royal Masters Sw	5:44.09
6	Freeman, Dale	W65	English Bay	5:49.36
7	Clibbon, Chris	M54	Legacy	5:57.00
8	Clark, Julie	W51	Coast Swim Team	6:10.00
Heat 7 of 10 Finals				
1	Sochanski, Barbara	W48	Okanagan	5:40.00
2	Foukal, Annick	W39	English Bay	5:36.48
3	Stamhuis, Michael	M72	Vernon	5:35.00
4	Adams, Chris	M57	Royal Masters Sw	5:30.94
5	Sexton, Danielle	W36	Coast Swim Team	5:31.61
6	Flatt, Alexandra	W54	North Shore Mast	5:35.00
7	Leier, Brian	M67	Comox Valley	5:39.68
8	Allan, Jen	W46	Royal Masters Sw	5:40.98
Heat 8 of 10 Finals				
1	Van Vliet, Morgan	W43	Ubc Masters	5:30.00
2	Skoda, Susie	W55	Legacy	5:30.00
3	Gomez-Duran, Daniel	M55	Legacy	5:25.00
4	Westmacott, Lauren	W46	Victoria Masters	5:20.00
5	Velraj, Niranjan	M30	Legacy	5:23.01
6	Smith, Lee	W46	Legacy	5:28.50
7	Brod, Heloiza	W38	Breakwater Maste	5:30.00
8	Slade, Alicia	W41	Dogwood Masters	5:30.00
Heat 9 of 10 Finals				
1	Younger, Debbie	W55	Edmonton Masters	5:15.77
2	Mariano, Chris	M41	English Bay	5:15.00
3	Gregory, Mike	M41	Breakwater Maste	5:10.00
4	Craig, Rod	M65	Canadian Dolphin	5:05.00
5	Montoya, Pam	W30	Coast Swim Team	5:07.00
6	Robinson, Dale	M51	Victoria Masters	5:10.00
7	Magneres, Joaquin	M38	English Bay	5:15.00
8	Rosales, Eduardo	M36	English Bay	5:18.10
Heat 10 of 10 Finals				
1	Thesiger, James	M45	Legacy	5:02.63
2	Ryan, Jordyn	W26	Victoria Masters	4:45.00
3	Bergman, Tuesday	W20	Victoria Masters	4:40.00
4	Kukovica, Jacob	M32	Westshore Master	4:20.00
5	Thormeyer, Markus	M28	English Bay	4:30.00
6	Lock, John	M42	Hyack	4:42.04
7	Pickard, Kevin	M52	Squamish Titans	5:02.00
8	Schier, Catherine	W53	North Shore Mast	5:05.00

Event 8 Mixed 200 SC Meter Backstroke				
Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Finals				
1				
2	Coombs, Katie	W38	Coast Swim Team	5:46.20
3	Manley, Theo	W70	Salmon Arm	4:22.99
4	Rhodes, Avila	W69	Victoria Masters	3:50.00
5	Ryan, Nancy	W77	Nanaimo Ebttides	4:20.00
6	Wyatt, Sharon	W59	Royal Masters Sw	4:57.68
7				
8				
Heat 2 of 6 Finals				
1	Montgomery, Shannon	W54	Comox Valley	3:45.00
2	Dumont, Kelly	W50	White Rock Wave	3:35.00
3	Johannesson, Shelley	W64	Nanaimo Ebttides	3:34.47
4	Clark, Julie	W51	Coast Swim Team	3:32.00
5	Denham, Adrienne	W54	Legacy	3:34.00
6	Donoghue, Karl	M85	Dogwood Masters	3:35.00
7	Stanley Wilson, Linda	W67	White Rock Wave	3:45.00
8	Skoda, Susie	W55	Legacy	3:48.00
Heat 3 of 6 Finals				
1	Quilty, Nadine	W56	Salmon Arm	3:30.00
2	Freeman, Dale	W65	English Bay	3:29.31
3	Minic, Snezana	W62	Dogwood Masters	3:16.00
4	Bartle, Darlana	W41	Victoria Masters	3:12.00
5	Anderson, Catherine	W39	Westshore Master	3:14.25
6	Garratt, Cariad	W49	Legacy	3:17.01
7	Yeung, Jamie	W30	Royal Masters Sw	3:30.00
8	Chandler, Christine	W42	Royal Masters Sw	3:31.36
Heat 4 of 6 Finals				
1	Carmichael, Rod	M74	Victoria Masters	3:05.01
2	Brown, Janis	W64	Dogwood Masters	3:04.55
3	Hiscock, Matthew	M34	Victoria Masters	3:00.00
4	O'Connell, Meghan	W41	Coast Swim Team	2:50.80
5	Allan, Jen	W46	Royal Masters Sw	2:52.38
6	Pendergast, Anna	W21	Nanaimo Ebttides	3:00.00
7	Slater, Craig	M65	White Rock Wave	3:05.00
8	West, Alethea	W23	Nanaimo Ebttides	3:05.77
Heat 5 of 6 Finals				
1	Robinson, Dale	M51	Victoria Masters	2:48.00
2	Friesen, Adrienne	W34	Ubc Masters	2:45.00
3	Wood, Megan	W36	Legacy	2:44.00
4	Lock, John	M42	Hyack	2:40.07
5	Hamilton, Gary	M65	Legacy	2:41.00
6	Godding, Curtis Tyler	M55	North Shore Mast	2:44.12
7	Younger, Debbie	W55	Edmonton Masters	2:45.15
8	Porreca, Sabrina	W26	English Bay	2:50.00

2025 MSABC Provincial - 2025-04-25 to 2025-04-27

Sanction #: 24123

Meet Program

Heat 6 Finals (#8 Mixed 200 SC Meter Backstroke)

1	Carrier, Maya	W22	Nanaimo Ebbtides	2:39.42	_____
2	Thomas, Liam	M34	Royal Masters Sw	2:32.00	_____
3	Vandendungen, Daniel	M46	Duncan Stingrays	2:23.17	_____
4	Zakala, Josh	M27	English Bay	2:08.00	_____
5	Best, Adam	M34	Royal Masters Sw	2:10.00	_____
6	Conroy, Andrew	M34	Royal Masters Sw	2:25.22	_____
7	Scoffield, Trevor	M51	White Rock Wave	2:32.00	_____
8	Mabee, Cindy	W56	Victoria Masters	2:40.00	_____

Event 9 Mixed 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 20 Finals

1	Newell, Lisa	W44	Spirit Orcas	3:10.20	_____
2	Motchman, Meliah	W34	Spirit Orcas	2:42.70	_____
3	Lapointe, Nicholas	M36	Spirit Orcas	2:19.27	_____
4	Sharock, Maria	W45	Spirit Orcas	2:13.70	_____
5	Meret, Paolo	M71	Royal Masters Sw	2:15.00	_____
6	Campbell, Sheila	W80	Dogwood Masters	2:38.20	_____
7	Brussel, Betty	W101	White Rock Wave	2:54.00	_____
8	Tracz, Sharon	W83	Salmon Arm	4:00.00	_____

Heat 2 of 20 Finals

1	Massyn, Mark	M61	Legacy	2:00.00	_____
2	Gray, Mekayla	W22	Nanaimo Ebbtides	2:00.00	_____
3	Conti, Valerie	W39	White Rock Wave	1:56.00	_____
4	McGowan, Dixon	M52	Spirit Orcas	1:50.60	_____
5	Wyatt, Sharon	W59	Royal Masters Sw	1:50.67	_____
6	McLafferty, Frances	W69	Legacy	1:58.39	_____
7	McGrath, Kathleen	W66	Royal Masters Sw	2:00.00	_____
8	Coombs, Katie	W38	Coast Swim Team	2:02.04	_____

Heat 3 of 20 Finals

1	Arruda-Holder, Brittany	W37	Nanaimo Ebbtides	1:50.00	_____
2	Komkov, Ivan	M37	Royal Masters Sw	1:45.42	_____
3	Moore, Prudence	W77	North Shore Mast	1:40.80	_____
4	Pilon, Carol	W55	Victoria Masters	1:40.00	_____
5	Thrift, Erin	W48	Legacy	1:40.00	_____
6	Macdonald, Sarah	W65	Victoria Masters	1:45.00	_____
7	Stephens, Melanie	W55	Kisu	1:45.70	_____
8	Gibson, Julie	W49	Nanaimo Ebbtides	1:50.00	_____

Heat 4 of 20 Finals

1	Bardos, Chloe	W32	English Bay	1:40.00	_____
2	Allen, Steven	M76	Victoria Masters	1:38.00	_____
3	Korban, Martine	W60	Dogwood Masters	1:37.00	_____
4	McGrath, Ann	W62	Salmon Arm	1:35.00	_____
5	O'Brien, Claire	W35	Legacy	1:36.00	_____
6	Martin, Pauline	W58	Ravensong	1:38.00	_____
7	Cross, Susanna	W42	Victoria Masters	1:40.00	_____
8	Vugteveen, Brenda	W62	Nanaimo Ebbtides	1:40.00	_____

Heat 5 of 20 Finals

1	Donoghue, Karl	M85	Dogwood Masters	1:35.00	_____
2	Bumpus, Michelle	W50	White Rock Wave	1:35.00	_____
3	Reeder, Neil	M77	Chilliwack Maste	1:33.80	_____
4	Pedley, Nadia	W48	Coast Swim Team	1:32.04	_____
5	Lopez, Georgina	W81	North Shore Mast	1:32.44	_____
6	Fabre, Anne	W77	Victoria Masters	1:33.82	_____
7	Toews, Mary	W38	Ravensong	1:35.00	_____
8	Tucker, Kylie	W50	Vernon	1:35.00	_____

Heat 6 of 20 Finals

1	Allin, Lynne	W59	Victoria Masters	1:31.91	_____
2	Remington, Mia	W42	Legacy	1:30.00	_____
3	Stymiest, John	M67	Nanaimo Ebbtides	1:30.00	_____
4	Irvine, Natasha	W43	Legacy	1:29.83	_____
5	Rhodes, Avila	W69	Victoria Masters	1:30.00	_____
6	Forbes, Judith	W64	Nanaimo Ebbtides	1:30.00	_____
7	Kardash, Darlene	W60	Victoria Masters	1:31.40	_____
8	Tannas, Karen	W59	Breakwater Maste	1:32.00	_____

Heat 7 of 20 Finals

1	Fogg, Anna	W37	Coast Swim Team	1:27.13	_____
2	Krebs, Donald	M61	Hyack	1:25.00	_____
3	Goldenberg, Ariel	M50	Legacy	1:25.00	_____
4	Rea-Palmer, Simon	M45	Nanaimo Ebbtides	1:24.00	_____
5	Drinnan, Jaimie	W31	Ravensong	1:25.00	_____
6	Pilar, Maria	W29	Royal Masters Sw	1:25.00	_____
7	Campbell, Marie	W51	Legacy	1:27.00	_____
8	Schmelzel, Alan	M71	Hyack	1:27.22	_____

Heat 8 of 20 Finals

1	Colasanto, Jessica	W57	Nanaimo Ebbtides	1:23.00	_____
2	Cielecka, Julia	W29	Legacy	1:22.33	_____
3	Paterson, Trevor	M59	Legacy	1:21.00	_____
4	Darvill, Kathleen	W44	Westshore Master	1:20.00	_____
5	Pedley, Sarah	W48	Coast Swim Team	1:20.98	_____
6	O'Melinn, Lorcan	M69	Hyack	1:22.25	_____
7	Hillis, Laura	W30	Legacy	1:22.96	_____
8	Ferg, Sonja	W25	Nanaimo Ebbtides	1:23.61	_____

Heat 9 of 20 Finals

1	Davidson, Tyler	M41	Nanaimo Ebbtides	1:20.00	_____
2	Graham, Kathy	W67	Dogwood Masters	1:20.00	_____
3	Remund, Pierre	M67	Ravensong	1:19.00	_____
4	Fichter, Keith	M53	Duncan Stingrays	1:18.24	_____
5	LeBrun, James	M37	White Rock Wave	1:18.66	_____
6	Torres, Arturo	M43	Coast Swim Team	1:19.41	_____
7	Morris, Alan	M76	Hollyburn	1:20.00	_____
8	Boothroyd, James	M65	English Bay	1:20.00	_____

Heat 10 of 20 Finals

1	Krzic, Maja	W62	Ubc Masters	1:18.00	_____
2	Eidsvik, Chris	M65	Nanaimo Ebbtides	1:18.00	_____
3	Shirbani, Tabby	W31	Royal Masters Sw	1:18.00	_____
4	Dyck, Chantal	W57	Vernon	1:16.94	_____
5	Garratt, Cariad	W49	Legacy	1:17.40	_____
6	Miller, Paul	M57	Victoria Masters	1:18.00	_____
7	Estevo, Cesar	M36	Comox Valley	1:18.00	_____
8	Edmondson, Jonathan	M52	White Rock Wave	1:18.00	_____

2025 MSABC Provincial - 2025-04-25 to 2025-04-27

Sanction #: 24123

Meet Program

Heat 11 Finals (#9 Mixed 100 SC Meter Freestyle)

1	Briggs, Sandy	M59	White Rock Wave	1:15.50	_____
2	Christensen, John	M64	Nanaimo Ebbtides	1:15.00	_____
3	Scriven, Jason	M57	Dogwood Masters	1:14.00	_____
4	Lennard, Brant	M31	Nanaimo Ebbtides	1:14.00	_____
5	Mckee, Scott	M65	Salmon Arm	1:14.00	_____
6	Chiu, Kelvin	M43	Coast Swim Team	1:15.00	_____
7	Pond, Nicholas	M38	English Bay	1:15.30	_____
8	Clark, Julie	W51	Coast Swim Team	1:15.99	_____

Heat 12 of 20 Finals

1	Ling, Francine	W42	Nanaimo Ebbtides	1:13.00	_____
2	Smith, Brad	M66	Nanaimo Ebbtides	1:12.90	_____
3	Knox, Kylie	W30	Nanaimo Ebbtides	1:12.23	_____
4	Downey, James	M65	Victoria Masters	1:12.00	_____
5	Kerr, Ben	M46	Victoria Masters	1:12.00	_____
6	Magneres, Joaquin	M38	English Bay	1:12.47	_____
7	Monahan, Justin	M45	Legacy	1:12.96	_____
8	Coutu, Tessa	W34	White Rock Wave	1:13.49	_____

Heat 13 of 20 Finals

1	Ferguson, Alanaise	W50	Okanagan	1:10.67	_____
2	Rosales, Eduardo	M36	English Bay	1:10.20	_____
3	Slade, Alicia	W41	Dogwood Masters	1:10.00	_____
4	Keefe, Ryan	M51	Dogwood Masters	1:10.00	_____
5	Dallin, Christopher	M62	Winskill Otters	1:10.00	_____
6	Sexton, Danielle	W36	Coast Swim Team	1:10.02	_____
7	Burrelll, Sarah	W51	Comox Valley	1:10.50	_____
8	Sochanski, Barbara	W48	Okanagan	1:11.00	_____

Heat 14 of 20 Finals

1	Snobelen, Brock	M47	Ravensong	1:10.00	_____
2	Clibbon, Chris	M54	Legacy	1:10.00	_____
3	Van Vliet, Morgan	W43	Ubc Masters	1:09.00	_____
4	Pradel Valverde, Brian	M23	Royal Masters Sw	1:07.05	_____
5	Ouchi, Robynne	W48	Vernon	1:08.00	_____
6	Smith, Lee	W46	Legacy	1:09.98	_____
7	Bhogal, Amman	M43	Royal Masters Sw	1:10.00	_____
8	Molitwenik, Jarett	W20	Vernon	1:10.00	_____

Heat 15 of 20 Finals

1	Stamhuis, Michael	M72	Vernon	1:06.50	_____
2	Velraj, Niranjana	M30	Legacy	1:06.20	_____
3	Grant, Andrew	M48	Legacy	1:05.40	_____
4	Emad, Mahdi	M37	Royal Masters Sw	1:05.00	_____
5	Craig, Rod	M65	Canadian Dolphin	1:05.00	_____
6	Montoya, Pam	W30	Coast Swim Team	1:06.00	_____
7	Drinnan, Siubhan	W50	Edmonton Masters	1:06.32	_____
8	Wilkinson, Mark	M60	Port Alberni	1:06.56	_____

Heat 16 of 20 Finals

1	Thesiger, James	M45	Legacy	1:05.00	_____
2	Pendergast, Gavin	M19	Nanaimo Ebbtides	1:04.00	_____
3	Hartford, Doug	M62	Victoria Masters	1:03.80	_____
4	Daniel, Chris	M65	EDDIE	1:03.00	_____
5	Williams, Jason	M47	Ravensong	1:03.00	_____
6	Olynik, Christopher	M44	Nanaimo Ebbtides	1:04.00	_____
7	Moloney, Ryan	M30	Nanaimo Ebbtides	1:04.06	_____
8	Aamodt, Tor	M52	Canadian Dolphin	1:05.00	_____

Heat 17 of 20 Finals

1	Coote, Brian	M51	White Rock Wave	1:03.00	_____
2	Mariano, Chris	M41	English Bay	1:03.00	_____
3	Rawlings, Kayla	W38	Dogwood Masters	1:02.58	_____
4	Jones, Cadence	W20	Nanaimo Ebbtides	1:01.83	_____
5	Heusel, Peter	M57	English Bay	1:02.50	_____
6	Garcia-Martinez, Hector	M40	Dogwood Masters	1:02.73	_____
7	Bergman, Tuesday	W20	Victoria Masters	1:03.00	_____
8	Lutz, Joel	M52	Nanaimo Ebbtides	1:03.00	_____

Heat 18 of 20 Finals

1	Thomas, Liam	M34	Royal Masters Sw	1:01.16	_____
2	Kennedy, Mark	M53	Ubc Masters	1:01.00	_____
3	Konge, Leo	M21	Salmon Arm	1:00.86	_____
4	Ouchi, Kurt	M50	Vernon	1:00.00	_____
5	Ruiz, Mauricio	M48	North Shore Mast	1:00.35	_____
6	Garrett, Peter	M29	English Bay	1:01.00	_____
7	Higgins, David	M55	Dogwood Masters	1:01.00	_____
8	Fraser, Alex	M32	Ubc Masters	1:01.66	_____

Heat 19 of 20 Finals

1	Sanchez, Carlos	M50	White Rock Wave	59.50	_____
2	Douglas, Kirsten	W27	English Bay	59.00	_____
3	Quilty, Ethan	M26	Salmon Arm	58.70	_____
4	Saretsky, Barry	M56	Edmonton Masters	58.20	_____
5	Lock, John	M42	Hyack	58.45	_____
6	McKee, Torrey	M26	Salmon Arm	59.00	_____
7	Hankewich, Brad	M38	Squamish Titans	59.20	_____
8	Feschuk, Finn	M19	Nanaimo Ebbtides	1:00.00	_____

Heat 20 of 20 Finals

1	Van Vliet, Ethan	M21	English Bay	57.98	_____
2	Kernot, Justin	M32	English Bay	57.17	_____
3	Lida, Ryoma	M28	Royal Masters Sw	55.00	_____
4	Best, Adam	M34	Royal Masters Sw	52.00	_____
5	Thormeyer, Markus	M28	English Bay	55.00	_____
6	Savage, Jack	M25	Dogwood Masters	55.53	_____
7	Vandendungen, Daniel	M46	Duncan Stingrays	57.91	_____
8	Kanci, Yersu	M30	Percy Norman Wav	58.00	_____

Event 10 Mixed 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Finals

1					_____
2					_____
3	Tracz, Sharon	W83	Salmon Arm	2:00.00	_____
4	Gray, Mekayla	W22	Nanaimo Ebbtides	1:31.92	_____
5	Lapointe, Nicholas	M36	Spirit Orcas	1:36.09	_____
6					_____
7					_____
8					_____

2025 MSABC Provincial - 2025-04-25 to 2025-04-27**Sanction #: 24123****Meet Program****Heat 2 Finals (#10 Mixed 50 SC Meter Breaststroke)**

1	Marshall, Candice	W40	Nanaimo Ebbtides	1:20.00	_____
2	Cooper, Karen	W70	Coast Swim Team	1:08.45	_____
3	Campbell, Sheila	W80	Dogwood Masters	1:05.25	_____
4	McGowan, Dixon	M52	Spirit Orcas	1:02.90	_____
5	Stephens, Melanie	W55	Kisu	1:03.18	_____
6	Krall, Karen	W63	Coast Swim Team	1:06.00	_____
7	Fogg, Anna	W37	Coast Swim Team	1:15.00	_____
8					_____

Heat 3 of 13 Finals

1	Macdonald, Sarah	W65	Victoria Masters	1:00.00	_____
2	O'Brien, Claire	W35	Legacy	1:00.00	_____
3	McLafferty, Frances	W69	Legacy	59.17	_____
4	Torres, Arturo	M43	Coast Swim Team	56.71	_____
5	Bradbury, Jennifer	W56	Royal Masters Sw	58.88	_____
6	Sabourin, Drew	M47	Spirit Orcas	59.90	_____
7	Harmon, Manda	W54	Legacy	1:00.00	_____
8	Rea-Palmer, Simon	M45	Nanaimo Ebbtides	1:00.00	_____

Heat 4 of 13 Finals

1	Fabre, Anne	W77	Victoria Masters	56.44	_____
2	Edmondson, Jonathan	M52	White Rock Wave	56.00	_____
3	Bardos, Chloe	W32	English Bay	55.00	_____
4	Bumpus, Michelle	W50	White Rock Wave	52.30	_____
5	Thompson, Ian	M67	Nanaimo Ebbtides	55.00	_____
6	Allin, Lynne	W59	Victoria Masters	55.75	_____
7	McGrath, Kathleen	W66	Royal Masters Sw	56.00	_____
8	Lopez, Georgina	W81	North Shore Mast	56.61	_____

Heat 5 of 13 Finals

1	Peel, Melissa	W39	White Rock Wave	51.00	_____
2	de Groot-Hedlin,	W65	Victoria Masters	50.00	_____
3	Haalboom, Alex	W36	Legacy	50.00	_____
4	Darvill, Kathleen	W44	Westshore Master	50.00	_____
5	Wynne, Lindsay	W37	Legacy	50.00	_____
6	Goldenberg, Ariel	M50	Legacy	50.00	_____
7	Salas, Eduardo	M37	Royal Masters Sw	50.42	_____
8	Conti, Valerie	W39	White Rock Wave	52.00	_____

Heat 6 of 13 Finals

1	Gibson, Julie	W49	Nanaimo Ebbtides	49.23	_____
2	Steele, Sarah	W42	Royal Masters Sw	48.75	_____
3	Kobayashi, Yuki	W47	Coast Swim Team	47.80	_____
4	Fichter, Keith	M53	Duncan Stingrays	47.53	_____
5	Brault, Danielle	W69	Victoria Masters	47.64	_____
6	Paterson, Trevor	M59	Legacy	48.00	_____
7	Rhodes, Avila	W69	Victoria Masters	49.00	_____
8	Yeung, Jamie	W30	Royal Masters Sw	50.00	_____

Heat 7 of 13 Finals

1	Coutu, Tessa	W34	White Rock Wave	47.34	_____
2	Chisholm, Suzanne	W55	Dogwood Masters	47.20	_____
3	Reeder, Neil	M77	Chilliwack Maste	47.10	_____
4	Halton, Jane	W49	Legacy	46.50	_____
5	Magneres, Joaquin	M38	English Bay	46.70	_____
6	Foulkes, Luana Ávila	W45	White Rock Wave	47.19	_____
7	Cielecka, Julia	W29	Legacy	47.23	_____
8	Clark, Julie	W51	Coast Swim Team	47.50	_____

Heat 8 of 13 Finals

1	Massyn, Mark	M61	Legacy	46.00	_____
2	Hiscock, Matthew	M34	Victoria Masters	46.00	_____
3	Kalakhi, Camélia	W41	Legacy	46.00	_____
4	Langford, Keely	W41	Coast Swim Team	45.50	_____
5	Ng, Lara	W45	Langley	45.68	_____
6	Christensen, John	M64	Nanaimo Ebbtides	46.00	_____
7	Krebs, Donald	M61	Hyack	46.00	_____
8	Huerta, Salvador	M75	North Shore Mast	46.30	_____

Heat 9 of 13 Finals

1	McGrath, Ann	W62	Salmon Arm	45.00	_____
2	King, Justin	M27	Chilliwack Maste	44.55	_____
3	West, Alethea	W23	Nanaimo Ebbtides	43.89	_____
4	Monahan, Justin	M45	Legacy	43.36	_____
5	Briggs, Sandy	M59	White Rock Wave	43.50	_____
6	Atkey, Susan	W56	Coast Swim Team	43.94	_____
7	Bhagal, Amman	M43	Royal Masters Sw	45.00	_____
8	Molson, Danica	W40	Nanaimo Ebbtides	45.40	_____

Heat 10 of 13 Finals

1	Chiu, Kelvin	M43	Coast Swim Team	42.00	_____
2	Lauzon, Chantal	W52	English Bay	42.00	_____
3	Smith, Brad	M66	Nanaimo Ebbtides	41.81	_____
4	Gomez-Duran, Daniel	M55	Legacy	41.00	_____
5	Butler, Megan	W60	Vernon	41.05	_____
6	Wood, Megan	W36	Legacy	41.90	_____
7	Dumont, Kelly	W50	White Rock Wave	42.00	_____
8	Van Muijlwijk, Jesse	M64	Nanaimo Ebbtides	43.00	_____

Heat 11 of 13 Finals

1	Gregory, Mike	M41	Breakwater Maste	40.00	_____
2	Friesen, Adrienne	W34	Ubc Masters	40.00	_____
3	Harper, Nicole	W47	Royal Masters Sw	39.89	_____
4	Younger, Debbie	W55	Edmonton Masters	39.80	_____
5	Batara, Magnus	M34	Nanaimo Ebbtides	39.85	_____
6	Stymiest, John	M67	Nanaimo Ebbtides	40.00	_____
7	Serzhanov, Amir	M39	Royal Masters Sw	40.00	_____
8	Slater, Craig	M65	White Rock Wave	40.25	_____

Heat 12 of 13 Finals

1	Grant, Andrew	M48	Legacy	38.40	_____
2	Robertson, Ian	M62	Hollyburn	37.90	_____
3	Kim, Andrew	M35	Legacy	37.23	_____
4	Nepogodin, Ilya	M40	Legacy	35.67	_____
5	Pendergast, Gavin	M19	Nanaimo Ebbtides	37.00	_____
6	Iliscupidez, Bryan	M35	Hyack	37.50	_____
7	Rosales, Eduardo	M36	English Bay	38.38	_____
8	Pendergast, Christina	W48	Nanaimo Ebbtides	39.00	_____

Heat 13 of 13 Finals

1	Waddell, Hamish	M60	Sandefjord	35.34	_____
2	Leyenhorst, Travis	M47	Langley	32.78	_____
3	Sanchez, Carlos	M50	White Rock Wave	32.16	_____
4	Benson, Andrew	M36	English Bay	30.66	_____
5	Weber, Michael	M44	Okanagan	32.00	_____
6	Van Vliet, Ethan	M21	English Bay	32.55	_____
7	Williams, Jason	M47	Ravensong	34.50	_____
8	Yee, Albert	M41	English Bay	35.38	_____

2025 MSABC Provincial - 2025-04-25 to 2025-04-27

Sanction #: 24123

Meet Program

Event 11 Mixed 100 SC Meter IM

Lane	Name	Age	Team	Seed Time
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Heat 1 of 17 Finals

1					
2	Quick, Paula	W73	Chilliwack Maste	2:43.00	
3	Manley, Theo	W70	Salmon Arm	2:07.87	
4	Krall, Karen	W63	Coast Swim Team	2:05.00	
5	Pilon, Carol	W55	Victoria Masters	2:05.00	
6	Meret, Paolo	M71	Royal Masters Sw	2:30.00	
7					
8					

Heat 2 of 17 Finals

1	Komkov, Ivan	M37	Royal Masters Sw	2:04.90	
2	Schmelzel, Alan	M71	Hyack	2:01.00	
3	Fabre, Anne	W77	Victoria Masters	1:55.68	
4	Montgomery, Shannon	W54	Comox Valley	1:55.00	
5	Cruz, Fernanda	W34	Coast Swim Team	1:55.00	
6	Ryan, Nancy	W77	Nanaimo Ebttides	2:00.00	
7	Stephens, Melanie	W55	Kisu	2:03.71	
8	Holmwood, John	M71	Vernon	2:05.00	

Heat 3 of 17 Finals

1	Steele, Sarah	W42	Royal Masters Sw	1:50.00	
2	Brault, Danielle	W69	Victoria Masters	1:48.20	
3	Kardash, Darlene	W60	Victoria Masters	1:45.20	
4	Toews, Mary	W38	Ravensong	1:45.00	
5	Denham, Adrienne	W54	Legacy	1:45.00	
6	Allin, Lynne	W59	Victoria Masters	1:45.56	
7	Paterson, Trevor	M59	Legacy	1:50.00	
8	Goodfellow, Anne	W59	Comox Valley	1:51.33	

Heat 4 of 17 Finals

1	Garrett, Peter	M29	English Bay	1:45.00	
2	Torres, Arturo	M43	Coast Swim Team	1:44.82	
3	LeBrun, James	M37	White Rock Wave	1:42.45	
4	Briggs, Sandy	M59	White Rock Wave	1:40.50	
5	Miller, Paul	M57	Victoria Masters	1:42.00	
6	Krebs, Donald	M61	Hyack	1:44.00	
7	Cross, Susanna	W42	Victoria Masters	1:45.00	
8	Rhodes, Avila	W69	Victoria Masters	1:45.00	

Heat 5 of 17 Finals

1	Edmondson, Jonathan	M52	White Rock Wave	1:40.00	
2	Yeung, Jamie	W30	Royal Masters Sw	1:40.00	
3	Ling-Lee, Vanessa	W31	Royal Masters Sw	1:38.14	
4	O'Melinn, Lorcan	M69	Hyack	1:37.13	
5	Remington, Mia	W42	Legacy	1:38.00	
6	Tucker, Kylie	W50	Vernon	1:39.06	
7	Scriven, Jason	M57	Dogwood Masters	1:40.00	
8	Carmichael, Rod	M74	Victoria Masters	1:40.01	

Heat 6 of 17 Finals

1	Clark, Julie	W51	Coast Swim Team	1:36.90	
2	Quilty, Nadine	W56	Salmon Arm	1:36.00	
3	Bardos, Chloe	W32	English Bay	1:35.00	
4	Chung, Shirley	W54	Legacy	1:35.00	
5	Garratt, Cariad	W49	Legacy	1:35.00	
6	Pedley, Sarah	W48	Coast Swim Team	1:35.62	
7	Janzen, Vicki	W55	Chilliwack Maste	1:36.00	
8	Haalboom, Alex	W36	Legacy	1:37.00	

Heat 7 of 17 Finals

1	Goldenberg, Ariel	M50	Legacy	1:35.00	
2	Minic, Snezana	W62	Dogwood Masters	1:32.00	
3	Fales, Melissa	W43	Duncan Stingrays	1:31.75	
4	Dyck, Chantal	W57	Vernon	1:30.98	
5	Salas, Eduardo	M37	Royal Masters Sw	1:31.60	
6	Atkey, Susan	W56	Coast Swim Team	1:31.90	
7	Langford, Keely	W41	Coast Swim Team	1:34.00	
8	Wallace, Victoria	W57	Coast Swim Team	1:35.00	

Heat 8 of 17 Finals

1	Molson, Danica	W40	Nanaimo Ebttides	1:30.76	
2	DeGear, Derek	M52	Dogwood Masters	1:30.40	
3	Massyn, Mark	M61	Legacy	1:30.00	
4	Davidson, Tyler	M41	Nanaimo Ebttides	1:30.00	
5	Darvill, Kathleen	W44	Westshore Master	1:30.00	
6	Macdonald, Sarah	W65	Victoria Masters	1:30.00	
7	Halton, Jane	W49	Legacy	1:30.50	
8	Ng, Lara	W45	Langley	1:30.86	

Heat 9 of 17 Finals

1	Hillis, Laura	W30	Legacy	1:29.89	
2	Kobayashi, Yuki	W47	Coast Swim Team	1:29.15	
3	Clibbon, Chris	M54	Legacy	1:28.00	
4	Knox, Kylie	W30	Nanaimo Ebttides	1:27.11	
5	McGrath, Ann	W62	Salmon Arm	1:28.00	
6	Brown, Janis	W64	Dogwood Masters	1:28.33	
7	Graham, Kathy	W67	Dogwood Masters	1:29.50	
8	Higgins, David	M55	Dogwood Masters	1:30.00	

Heat 10 of 17 Finals

1	Downey, James	M65	Victoria Masters	1:26.40	
2	Hiscock, Matthew	M34	Victoria Masters	1:26.00	
3	Drinnan, Jaimie	W31	Ravensong	1:25.00	
4	Chiu, Kelvin	M43	Coast Swim Team	1:25.00	
5	Christensen, John	M64	Nanaimo Ebttides	1:25.00	
6	Dumont, Kelly	W50	White Rock Wave	1:25.60	
7	Anderson, Catherine	W39	Westshore Master	1:26.00	
8	Coutu, Tessa	W34	White Rock Wave	1:27.08	

Heat 11 of 17 Finals

1	Lauzon, Chantal	W52	English Bay	1:23.00	
2	Bartle, Darlana	W41	Victoria Masters	1:22.50	
3	Burrell, Sarah	W51	Comox Valley	1:22.50	
4	Westmacott, Lauren	W46	Victoria Masters	1:22.00	
5	Allan, Jen	W46	Royal Masters Sw	1:22.23	
6	Stamhuis, Michael	M72	Vernon	1:22.50	
7	Pendergast, Anna	W21	Nanaimo Ebttides	1:23.00	
8	Serzhanov, Amir	M39	Royal Masters Sw	1:25.00	

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Meet Program

Heat 12 Finals (#11 Mixed 100 SC Meter IM)

1	Ferguson, Alanaise	W50	Okanagan	1:20.12	___
2	Iliscupidez, Bryan	M35	Hyack	1:20.00	___
3	Lightfoot, Tom	M60	Legacy	1:19.24	___
4	Adams, Chris	M57	Royal Masters Sw	1:18.70	___
5	Harper, Nicole	W47	Royal Masters Sw	1:18.73	___
6	Slater, Craig	M65	White Rock Wave	1:19.50	___
7	Shipley, Kari	W35	Royal Masters Sw	1:20.00	___
8	Robertson, Ian	M62	Hollyburn	1:21.05	___

Heat 13 of 17 Finals

1	Gregory, Mike	M41	Breakwater Maste	1:18.00	___
2	Drinnan, Siubhan	W50	Edmonton Masters	1:17.62	___
3	Mabee, Cindy	W56	Victoria Masters	1:16.00	___
4	Johaneson, Darin	M56	Vernon	1:16.00	___
5	Hamilton, Gary	M65	Legacy	1:16.00	___
6	Smith, Lee	W46	Legacy	1:16.90	___
7	Pendergast, Christina	W48	Nanaimo Ebttides	1:18.00	___
8	Roguski, Dylan	M47	Nanaimo Ebttides	1:18.35	___

Heat 14 of 17 Finals

1	Thomas, Liam	M34	Royal Masters Sw	1:15.00	___
2	Schier, Catherine	W53	North Shore Mast	1:15.00	___
3	Garcia-Martinez, Hector	M40	Dogwood Masters	1:14.00	___
4	Thesiger, James	M45	Legacy	1:13.00	___
5	Daniel, Chris	M65	EDDIE	1:13.50	___
6	Hartford, Doug	M62	Victoria Masters	1:14.85	___
7	Olynik, Christopher	M44	Nanaimo Ebttides	1:15.00	___
8	Velraj, Niranjan	M30	Legacy	1:15.65	___

Heat 15 of 17 Finals

1	Pickard, Kevin	M52	Squamish Titans	1:12.00	___
2	Nepogodin, Ilya	M40	Legacy	1:11.26	___
3	Emad, Mahdi	M37	Royal Masters Sw	1:10.00	___
4	Scoffield, Trevor	M51	White Rock Wave	1:10.00	___
5	Van Vliet, Tristan	M19	English Bay	1:10.00	___
6	Heusel, Peter	M57	English Bay	1:11.00	___
7	Kennedy, Mark	M53	Ubc Masters	1:11.30	___
8	Jones, Cadence	W20	Nanaimo Ebttides	1:12.45	___

Heat 16 of 17 Finals

1	Hankewich, Brad	M38	Squamish Titans	1:08.00	___
2	Conroy, Andrew	M34	Royal Masters Sw	1:07.65	___
3	Lipinski, Sean	M46	Vernon	1:07.00	___
4	Kernot, Justin	M32	English Bay	1:06.40	___
5	Sanchez, Carlos	M50	White Rock Wave	1:06.86	___
6	Ruiz, Mauricio	M48	North Shore Mast	1:07.11	___
7	Leyenhorst, Travis	M47	Langley	1:07.78	___
8	Feschuk, Finn	M19	Nanaimo Ebttides	1:10.00	___

Heat 17 of 17 Finals

1	Kukovica, Jacob	M32	Westshore Master	1:06.12	___
2	Benson, Andrew	M36	English Bay	1:03.74	___
3	Kanci, Yersu	M30	Percy Norman Wav	1:02.55	___
4	Zakala, Josh	M27	English Bay	1:00.00	___
5	Lida, Ryoma	M28	Royal Masters Sw	1:00.00	___
6	McKee, Torrey	M26	Salmon Arm	1:02.77	___
7	Saretsky, Barry	M56	Edmonton Masters	1:06.00	___
8	Lock, John	M42	Hyack	1:06.27	___

Event 12 Mixed 200 SC Meter Medley Relay**Sat event 12, 13, 14 Combined**

Lane	Team	Relay	Seed Time
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Heat 1 of 6 Finals

1	Spirit Orcas	X120 A	4:59.00	___
2	Nanaimo Ebttides	W240 B	3:30.00	___
3	Coast Swim Team	W200 D	3:21.00	___
4	Nanaimo Ebttides	W160 C	3:15.00	___
5	White Rock Wave	W240 B	3:20.00	___
6	Legacy	W200 D	3:30.00	___
7	Coast Swim Team	W120 B	3:38.00	___
8				___

Heat 2 of 6 Finals

1	Legacy	X160 A	2:55.00	___
2	Victoria Masters	W200 C	2:52.00	___
3	Nanaimo Ebttides	W160 D	2:50.00	___
4	Coast Swim Team	W160 C	2:50.00	___
5	Comox Valley	X160 A	2:50.00	___
6	Royal Masters Sw	M160 B	2:51.00	___
7	Legacy	W120 E	2:54.00	___
8	Duncan Stingrays	X160 A	3:05.00	___

Heat 3 of 6 Finals

1	Legacy	W160 A	2:48.00	___
2	Legacy	W200 F	2:46.00	___
3	White Rock Wave	X200 A	2:40.00	___
4	Salmon Arm	X160 B	2:40.00	___
5	Nanaimo Ebttides	M200 F	2:40.00	___
6	Hyack	M240 A	2:45.00	___
7	North Shore Mast	W240 A	2:47.00	___
8	Royal Masters Sw	W160 C	2:50.00	___

Heat 4 of 6 Finals

1	Salmon Arm	X200 A	2:36.75	___
2	Vernon	X160 B	2:34.00	___
3	Royal Masters Sw	W120 D	2:30.00	___
4	Nanaimo Ebttides	M160 E	2:30.00	___
5	Victoria Masters	W120 D	2:30.00	___
6	North Shore Mast	M240 A	2:34.00	___
7	Victoria Masters	M200 B	2:34.00	___
8	English Bay	X200 D	2:37.10	___

Heat 5 of 6 Finals

1	Coast Swim Team	X120 A	2:29.00	___
2	Victoria Masters	M240 A	2:28.00	___
3	Nanaimo Ebttides	W72 A	2:25.00	___
4	English Bay	M120 B	2:22.70	___
5	Vernon	X200 A	2:24.00	___
6	Nanaimo Ebttides	M100 G	2:25.00	___
7	Victoria Masters	W240 A	2:29.00	___
8	Legacy	M200 B	2:30.00	___

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Meet Program

Heat	6 Finals (#12 Mixed 200 SC Meter Medley Relay)				
1	Ravensong	X160	A	2:20.00	_____
2	Legacy	M120	C	2:15.00	_____
3	English Bay	X72	C	2:00.86	_____
4	English Bay	M120	A	1:48.30	_____
5	Royal Masters Sw	M120	A	1:49.00	_____
6	White Rock Wave	M200	C	2:10.00	_____
7	Ubc Masters	X160	A	2:18.00	_____
8	Legacy	M240	A	2:22.00	_____

Event	15	Mixed 200 SC Meter Butterfly		
Lane	Name	Age	Team	Seed Time

Heat	1 of 3	Finals
1	Krall, Karen	W63 Coast Swim Team 5:00.00 _____
2	Thrift, Erin	W48 Legacy 4:19.00 _____
3	Campbell, Marie	W51 Legacy 4:10.03 _____
4	Summers, Scott	M58 Edmonton Masters 3:58.00 _____
5	Kalakhi, Camélia	W41 Legacy 4:10.00 _____
6	Irvine, Natasha	W43 Legacy 4:12.00 _____
7	Cruz, Fernanda	W34 Coast Swim Team 4:20.00 _____
8	Dowling, Mike	M78 North Shore Mast 5:02.00 _____

Heat	2 of 3	Finals
1	Minic, Snezana	W62 Dogwood Masters 3:48.00 _____
2	O'Connell, Meghan	W41 Coast Swim Team 3:19.80 _____
3	Mariano, Chris	M41 English Bay 2:58.00 _____
4	Coote, Brian	M51 White Rock Wave 2:53.00 _____
5	Drinnan, Siubhan	W50 Edmonton Masters 2:54.85 _____
6	de Groot-Hedlin,	W65 Victoria Masters 3:15.00 _____
7	Bhogal, Amman	M43 Royal Masters Sw 3:20.00 _____
8	Wallace, Victoria	W57 Coast Swim Team 3:55.68 _____

Heat	3 of 3	Finals
1	Craig, Rod	M65 Canadian Dolphin 2:45.00 _____
2	Konge, Leo	M21 Salmon Arm 2:35.10 _____
3	Ouchi, Kurt	M50 Vernon 2:30.00 _____
4	Zakala, Josh	M27 English Bay 2:10.00 _____
5	Ryan, Jordyn	W26 Victoria Masters 2:28.00 _____
6	Lock, John	M42 Hyack 2:33.41 _____
7	Fraser, Alex	M32 Ubc Masters 2:36.89 _____
8	Rawlings, Kayla	W38 Dogwood Masters 2:50.00 _____

Event	16	Mixed 50 SC Meter Freestyle		
Lane	Name	Age	Team	Seed Time

Heat	1 of 23	Finals
1		_____
2		_____
3	Savage, Jack	M25 Dogwood Masters NT _____
4	Motchman, Meliah	W34 Spirit Orcas 1:20.80 _____
5	Tracz, Sharon	W83 Salmon Arm 2:00.00 _____
6		_____
7		_____
8		_____

Heat	2 of 23	Finals
1	Brussel, Betty	W101 White Rock Wave 1:16.00 _____
2	Campbell, Sheila	W80 Dogwood Masters 1:03.15 _____
3	Marshall, Candice	W40 Nanaimo Ebttides 1:00.00 _____
4	Coombs, Katie	W38 Coast Swim Team 58.79 _____
5	Sharock, Maria	W45 Spirit Orcas 59.36 _____
6	McGrath, Kathleen	W66 Royal Masters Sw 1:00.00 _____
7	Gray, Mekayla	W22 Nanaimo Ebttides 1:10.46 _____
8		_____

Heat	3 of 23	Finals
1	Meret, Paolo	M71 Royal Masters Sw 58.00 _____
2	McGowan, Dixon	M52 Spirit Orcas 53.90 _____
3	Bradbury, Jennifer	W56 Royal Masters Sw 50.90 _____
4	Bardos, Chloe	W32 English Bay 49.00 _____
5	Toews, Mary	W38 Ravensong 50.00 _____
6	McLafferty, Frances	W69 Legacy 51.42 _____
7	Lapointe, Nicholas	M36 Spirit Orcas 55.00 _____
8	Quick, Paula	W73 Chilliwack Maste 58.00 _____

Heat	4 of 23	Finals
1	Stephens, Melanie	W55 Kisu 46.92 _____
2	Korban, Martine	W60 Dogwood Masters 46.00 _____
3	Montgomery, Shannon	W54 Comox Valley 45.00 _____
4	Ryan, Nancy	W77 Nanaimo Ebttides 44.50 _____
5	Vugteveen, Brenda	W62 Nanaimo Ebttides 45.00 _____
6	Thompson, Ian	M67 Nanaimo Ebttides 45.99 _____
7	Wyatt, Sharon	W59 Royal Masters Sw 46.16 _____
8	Conti, Valerie	W39 White Rock Wave 48.00 _____

Heat	5 of 23	Finals
1	Allen, Steven	M76 Victoria Masters 43.00 _____
2	Donoghue, Karl	M85 Dogwood Masters 42.00 _____
3	Arruda-Holder, Brittany	W37 Nanaimo Ebttides 42.00 _____
4	Fabre, Anne	W77 Victoria Masters 41.10 _____
5	Drinnan, Jaimie	W31 Ravensong 42.00 _____
6	Pilon, Carol	W55 Victoria Masters 42.00 _____
7	O'Brien, Claire	W35 Legacy 42.50 _____
8	Moore, Prudence	W77 North Shore Mast 43.60 _____

Heat	6 of 23	Finals
1	Kardash, Darlene	W60 Victoria Masters 40.40 _____
2	Fogg, Anna	W37 Coast Swim Team 40.10 _____
3	Pilar, Maria	W29 Royal Masters Sw 40.00 _____
4	Garratt, Cariad	W49 Legacy 40.00 _____
5	Tannas, Karen	W59 Breakwater Maste 40.00 _____
6	Serzhanov, Amir	M39 Royal Masters Sw 40.00 _____
7	Gibson, Julie	W49 Nanaimo Ebttides 40.27 _____
8	Pedley, Nadia	W48 Coast Swim Team 41.09 _____

Heat	7 of 23	Finals
1	Allin, Lynne	W59 Victoria Masters 39.86 _____
2	Irvine, Natasha	W43 Legacy 39.56 _____
3	Steele, Sarah	W42 Royal Masters Sw 38.95 _____
4	Tucker, Kylie	W50 Vernon 38.14 _____
5	Komkov, Ivan	M37 Royal Masters Sw 38.59 _____
6	Janzen, Vicki	W55 Chilliwack Maste 39.00 _____
7	Bumpus, Michelle	W50 White Rock Wave 39.56 _____
8	Goldenberg, Ariel	M50 Legacy 40.00 _____

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Heat 8 Finals (#16 Mixed 50 SC Meter Freestyle)

1	Boothroyd, James	M65	English Bay	38.00	_____
2	Rhodes, Avila	W69	Victoria Masters	38.00	_____
3	Ferg, Sonja	W25	Nanaimo Ebbtides	37.87	_____
4	Brault, Danielle	W69	Victoria Masters	37.56	_____
5	Schmelzel, Alan	M71	Hyack	37.83	_____
6	Chandler, Christine	W42	Royal Masters Sw	37.90	_____
7	Remington, Mia	W42	Legacy	38.00	_____
8	Lopez, Georgina	W81	North Shore Mast	38.01	_____

Heat 9 of 23 Finals

1	Chung, Shirley	W54	Legacy	37.00	_____
2	Colasanto, Jessica	W57	Nanaimo Ebbtides	36.50	_____
3	Chisholm, Suzanne	W55	Dogwood Masters	36.10	_____
4	McGrath, Ann	W62	Salmon Arm	36.00	_____
5	Massyn, Mark	M61	Legacy	36.00	_____
6	Reeder, Neil	M77	Chilliwack Maste	36.49	_____
7	Wynne, Lindsay	W37	Legacy	37.00	_____
8	Rea-Palmer, Simon	M45	Nanaimo Ebbtides	37.00	_____

Heat 10 of 23 Finals

1	Martin, Pauline	W58	Ravensong	36.00	_____
2	Fales, Melissa	W43	Duncan Stingrays	35.77	_____
3	Pedley, Sarah	W48	Coast Swim Team	35.62	_____
4	Graham, Kathy	W67	Dogwood Masters	35.50	_____
5	Eidsvik, Chris	M65	Nanaimo Ebbtides	35.60	_____
6	Ling-Lee, Vanessa	W31	Royal Masters Sw	35.73	_____
7	Campbell, Marie	W51	Legacy	35.80	_____
8	Darvill, Kathleen	W44	Westshore Master	36.00	_____

Heat 11 of 23 Finals

1	LeBrun, James	M37	White Rock Wave	35.27	_____
2	Cielecka, Julia	W29	Legacy	35.07	_____
3	Shirbani, Tabby	W31	Royal Masters Sw	35.00	_____
4	Yeung, Jamie	W30	Royal Masters Sw	35.00	_____
5	Pendergast, Anna	W21	Nanaimo Ebbtides	35.00	_____
6	Foulkes, Luana Ávila	W45	White Rock Wave	35.07	_____
7	Ng, Lara	W45	Langley	35.19	_____
8	Paterson, Trevor	M59	Legacy	35.50	_____

Heat 12 of 23 Finals

1	King, Justin	M27	Chilliwack Maste	34.75	_____
2	Torres, Arturo	M43	Coast Swim Team	34.40	_____
3	Beer, Heike	W57	White Rock Wave	34.00	_____
4	Lauzon, Chantal	W52	English Bay	34.00	_____
5	Miller, Paul	M57	Victoria Masters	34.00	_____
6	Krzic, Maja	W62	Ubc Masters	34.00	_____
7	Dyck, Chantal	W57	Vernon	34.54	_____
8	Krebs, Donald	M61	Hyack	35.00	_____

Heat 13 of 23 Finals

1	Pond, Nicholas	M38	English Bay	33.69	_____
2	Christensen, John	M64	Nanaimo Ebbtides	33.00	_____
3	Foukal, Annick	W39	English Bay	32.83	_____
4	Mckee, Scott	M65	Salmon Arm	32.80	_____
5	Kobayashi, Yuki	W47	Coast Swim Team	32.80	_____
6	Edmondson, Jonathan	M52	White Rock Wave	33.00	_____
7	Briggs, Sandy	M59	White Rock Wave	33.50	_____
8	Remund, Pierre	M67	Ravensong	34.00	_____

Heat 14 of 23 Finals

1	Bartle, Darlana	W41	Victoria Masters	32.50	_____
2	Dumont, Kelly	W50	White Rock Wave	32.40	_____
3	Keefe, Ryan	M51	Dogwood Masters	32.00	_____
4	Davidson, Tyler	M41	Nanaimo Ebbtides	32.00	_____
5	Stymiest, John	M67	Nanaimo Ebbtides	32.00	_____
6	Ferguson, Alanaise	W50	Okanagan	32.02	_____
7	Coutu, Tessa	W34	White Rock Wave	32.42	_____
8	Knox, Kylie	W30	Nanaimo Ebbtides	32.68	_____

Heat 15 of 23 Finals

1	Molitwenik, Jarett	W20	Vernon	32.00	_____
2	Macdonald, Sarah	W65	Victoria Masters	32.00	_____
3	Slade, Alicia	W41	Dogwood Masters	32.00	_____
4	Harper, Nicole	W47	Royal Masters Sw	31.83	_____
5	Ling, Francine	W42	Nanaimo Ebbtides	32.00	_____
6	Flatt, Alexandra	W54	North Shore Mast	32.00	_____
7	Khorvin, Alexey	M52	Legacy	32.00	_____
8	Porreca, Sabrina	W26	English Bay	32.00	_____

Heat 16 of 23 Finals

1	Monahan, Justin	M45	Legacy	31.76	_____
2	Burrell, Sarah	W51	Comox Valley	31.50	_____
3	Mabee, Cindy	W56	Victoria Masters	31.50	_____
4	Sochanski, Barbara	W48	Okanagan	31.50	_____
5	Kerr, Ben	M46	Victoria Masters	31.50	_____
6	Dallin, Christopher	M62	Winskill Otters	31.50	_____
7	Carmichael, Rod	M74	Victoria Masters	31.70	_____
8	Slater, Craig	M65	White Rock Wave	31.80	_____

Heat 17 of 23 Finals

1	Clibbon, Chris	M54	Legacy	31.00	_____
2	Schier, Catherine	W53	North Shore Mast	31.00	_____
3	Adams, Chris	M57	Royal Masters Sw	30.95	_____
4	Younger, Debbie	W55	Edmonton Masters	30.51	_____
5	Sexton, Danielle	W36	Coast Swim Team	30.51	_____
6	Snobelen, Brock	M47	Ravensong	31.00	_____
7	Van Vliet, Morgan	W43	Ubc Masters	31.00	_____
8	Chiu, Kelvin	M43	Coast Swim Team	31.00	_____

Heat 18 of 23 Finals

1	Allan, Jen	W46	Royal Masters Sw	30.35	_____
2	Wilkinson, Mark	M60	Port Alberni	30.03	_____
3	Bhogal, Amman	M43	Royal Masters Sw	30.00	_____
4	Lutz, Joel	M52	Nanaimo Ebbtides	29.99	_____
5	Ouchi, Robynne	W48	Vernon	30.00	_____
6	Iliscupidez, Bryan	M35	Hyack	30.00	_____
7	Carrier, Maya	W22	Nanaimo Ebbtides	30.11	_____
8	Riddell, Marc	M51	Nanaimo Ebbtides	30.43	_____

Heat 19 of 23 Finals

1	Johaneson, Darin	M56	Vernon	29.90	_____
2	Godding, Curtis Tyler	M55	North Shore Mast	29.05	_____
3	Mariano, Chris	M41	English Bay	29.00	_____
4	Pradel Valverde, Brian	M23	Royal Masters Sw	29.00	_____
5	Bergman, Tuesday	W20	Victoria Masters	29.00	_____
6	Olynik, Christopher	M44	Nanaimo Ebbtides	29.00	_____
7	Pendergast, Gavin	M19	Nanaimo Ebbtides	29.50	_____
8	Stamhuis, Michael	M72	Vernon	29.90	_____

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Heat 20 Finals (#16 Mixed 50 SC Meter Freestyle)

1	Hartford, Doug	M62	Victoria Masters	28.85	_____
2	Garcia-Martinez, Hector	M40	Dogwood Masters	28.69	_____
3	Coote, Brian	M51	White Rock Wave	28.50	_____
4	Rawlings, Kayla	W38	Dogwood Masters	28.49	_____
5	Higgins, David	M55	Dogwood Masters	28.50	_____
6	Kim, Andrew	M35	Legacy	28.64	_____
7	Moloney, Ryan	M30	Nanaimo Ebbtides	28.76	_____
8	Feschuk, Finn	M19	Nanaimo Ebbtides	29.00	_____

Heat 21 of 23 Finals

1	Ruiz, Mauricio	M48	North Shore Mast	28.10	_____
2	Garrett, Peter	M29	English Bay	28.00	_____
3	Hankewich, Brad	M38	Squamish Titans	27.50	_____
4	Douglas, Kirsten	W27	English Bay	27.26	_____
5	Scoffield, Trevor	M51	White Rock Wave	27.30	_____
6	Thesiger, James	M45	Legacy	27.52	_____
7	Heusel, Peter	M57	English Bay	28.00	_____
8	Grant, Andrew	M48	Legacy	28.10	_____

Heat 22 of 23 Finals

1	Sanchez, Carlos	M50	White Rock Wave	27.00	_____
2	Kennedy, Mark	M53	Ubc Masters	27.00	_____
3	Quilty, Ethan	M26	Salmon Arm	26.85	_____
4	Van Vliet, Ethan	M21	English Bay	26.38	_____
5	Saretsky, Barry	M56	Edmonton Masters	26.50	_____
6	Lipinski, Sean	M46	Vernon	27.00	_____
7	Thomas, Liam	M34	Royal Masters Sw	27.00	_____
8	Van Vliet, Tristan	M19	English Bay	27.00	_____

Heat 23 of 23 Finals

1	McKee, Torrey	M26	Salmon Arm	26.02	_____
2	Vandendungen, Daniel	M46	Duncan Stingrays	25.92	_____
3	Thormeyer, Markus	M28	English Bay	25.00	_____
4	Best, Adam	M34	Royal Masters Sw	23.79	_____
5	Kanci, Yersu	M30	Percy Norman Wav	24.28	_____
6	Kukovica, Jacob	M32	Westshore Master	25.83	_____
7	Emad, Mahdi	M37	Royal Masters Sw	26.00	_____
8	Lock, John	M42	Hyack	26.05	_____

Event 17 Mixed 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Finals

1					_____
2					_____
3	Tracz, Sharon	W83	Salmon Arm	4:00.00	_____
4	Konge, Leo	M21	Salmon Arm	2:25.84	_____
5	Cooper, Karen	W70	Coast Swim Team	2:33.55	_____
6					_____
7					_____
8					_____

Heat 2 of 13 Finals

1	Campbell, Sheila	W80	Dogwood Masters	2:24.41	_____
2	Holmwood, John	M71	Vernon	2:17.00	_____
3	Fabre, Anne	W77	Victoria Masters	2:10.69	_____
4	Allin, Lynne	W59	Victoria Masters	2:06.24	_____
5	Harmon, Manda	W54	Legacy	2:10.00	_____
6	Cruz, Fernanda	W34	Coast Swim Team	2:14.10	_____
7	McLafferty, Frances	W69	Legacy	2:18.82	_____
8					_____

Heat 3 of 13 Finals

1	Chung, Shirley	W54	Legacy	2:00.00	_____
2	Sabourin, Drew	M47	Spirit Orcas	1:59.20	_____
3	Peel, Melissa	W39	White Rock Wave	1:57.00	_____
4	Forbes, Judith	W64	Nanaimo Ebbtides	1:55.00	_____
5	Cross, Susanna	W42	Victoria Masters	1:56.00	_____
6	Stanley Wilson, Linda	W67	White Rock Wave	1:58.00	_____
7	Brault, Danielle	W69	Victoria Masters	2:00.00	_____
8	McGrath, Kathleen	W66	Royal Masters Sw	2:05.00	_____

Heat 4 of 13 Finals

1	O'Melinn, Lorcan	M69	Hyack	1:53.79	_____
2	Goldenberg, Ariel	M50	Legacy	1:50.00	_____
3	Bardos, Chloe	W32	English Bay	1:50.00	_____
4	Gibson, Julie	W49	Nanaimo Ebbtides	1:48.91	_____
5	Reeder, Neil	M77	Chilliwack Maste	1:49.23	_____
6	Conti, Valerie	W39	White Rock Wave	1:50.00	_____
7	Summers, Scott	M58	Edmonton Masters	1:50.00	_____
8	Steele, Sarah	W42	Royal Masters Sw	1:54.00	_____

Heat 5 of 13 Finals

1	Haalboom, Alex	W36	Legacy	1:46.00	_____
2	King, Justin	M27	Chilliwack Maste	1:45.90	_____
3	Morris, Alan	M76	Hollyburn	1:45.00	_____
4	Darvill, Kathleen	W44	Westshore Master	1:45.00	_____
5	Hiscock, Matthew	M34	Victoria Masters	1:45.00	_____
6	Molson, Danica	W40	Nanaimo Ebbtides	1:45.00	_____
7	Kitano, David	M49	Comox Valley	1:46.00	_____
8	Quilty, Nadine	W56	Salmon Arm	1:48.00	_____

Heat 6 of 13 Finals

1	Cielecka, Julia	W29	Legacy	1:44.84	_____
2	Huerta, Salvador	M75	North Shore Mast	1:43.26	_____
3	Miller, Paul	M57	Victoria Masters	1:42.00	_____
4	Chisholm, Suzanne	W55	Dogwood Masters	1:41.20	_____
5	Hillis, Laura	W30	Legacy	1:41.69	_____
6	West, Alethea	W23	Nanaimo Ebbtides	1:42.98	_____
7	Kalakhi, Camélia	W41	Legacy	1:44.00	_____
8	Krebs, Donald	M61	Hyack	1:45.00	_____

Heat 7 of 13 Finals

1	Monahan, Justin	M45	Legacy	1:40.00	_____
2	Scriven, Jason	M57	Dogwood Masters	1:40.00	_____
3	Downey, James	M65	Victoria Masters	1:39.10	_____
4	Halton, Jane	W49	Legacy	1:38.50	_____
5	Langford, Keely	W41	Coast Swim Team	1:38.70	_____
6	Atkey, Susan	W56	Coast Swim Team	1:39.90	_____
7	McGrath, Ann	W62	Salmon Arm	1:40.00	_____
8	Bumpus, Michelle	W50	White Rock Wave	1:40.00	_____

2025 MSABC Provincial - 2025-04-25 to 2025-04-27

Sanction #: 24123
Meet Program

Heat	8 Finals (#17 Mixed 100 SC Meter Breaststroke)				
1	Ling, Francine	W42	Nanaimo Ebbtides	1:38.00	_____
2	Estevo, Cesar	M36	Comox Valley	1:35.00	_____
3	Van Muijlwijk, Jesse	M64	Nanaimo Ebbtides	1:35.00	_____
4	Kim, Andrew	M35	Legacy	1:33.15	_____
5	Lauzon, Chantal	W52	English Bay	1:34.00	_____
6	Chiu, Kelvin	M43	Coast Swim Team	1:35.00	_____
7	Pond, Nicholas	M38	English Bay	1:35.03	_____
8	Ling-Lee, Vanessa	W31	Royal Masters Sw	1:38.14	_____
Heat	9 of 13 Finals				
1	Pendergast, Anna	W21	Nanaimo Ebbtides	1:30.00	_____
2	Brod, Heloiza	W38	Breakwater Maste	1:30.00	_____
3	Adams, Chris	M57	Royal Masters Sw	1:28.08	_____
4	Pickard, Kevin	M52	Squamish Titans	1:28.00	_____
5	Shipley, Kari	W35	Royal Masters Sw	1:28.00	_____
6	Lightfoot, Tom	M60	Legacy	1:28.17	_____
7	Serzhanov, Amir	M39	Royal Masters Sw	1:30.00	_____
8	Macdonald, Sarah	W65	Victoria Masters	1:30.00	_____
Heat	10 of 13 Finals				
1	Keefe, Ryan	M51	Dogwood Masters	1:28.00	_____
2	Harper, Nicole	W47	Royal Masters Sw	1:27.86	_____
3	Gomez-Duran, Daniel	M55	Legacy	1:27.00	_____
4	Stymiest, John	M67	Nanaimo Ebbtides	1:25.00	_____
5	Daniel, Chris	M65	EDDIE	1:26.00	_____
6	Butler, Megan	W60	Vernon	1:27.05	_____
7	Robertson, Ian	M62	Hollyburn	1:27.90	_____
8	Wood, Megan	W36	Legacy	1:28.00	_____
Heat	11 of 13 Finals				
1	Hamilton, Gary	M65	Legacy	1:25.00	_____
2	Batara, Magnus	M34	Nanaimo Ebbtides	1:24.42	_____
3	Pendergast, Christina	W48	Nanaimo Ebbtides	1:24.00	_____
4	Feschuk, Finn	M19	Nanaimo Ebbtides	1:20.00	_____
5	Yee, Albert	M41	English Bay	1:20.53	_____
6	Hartford, Doug	M62	Victoria Masters	1:24.25	_____
7	Anderson, Catherine	W39	Westshore Master	1:25.00	_____
8	Friesen, Adrienne	W34	Ubc Masters	1:25.00	_____
Heat	12 of 13 Finals				
1	Nepogodin, Ilya	M40	Legacy	1:19.13	_____
2	Iliscupidez, Bryan	M35	Hyack	1:18.00	_____
3	Bergman, Tuesday	W20	Victoria Masters	1:16.00	_____
4	Kukovica, Jacob	M32	Westshore Master	1:13.82	_____
5	Williams, Jason	M47	Ravensong	1:15.10	_____
6	Waddell, Hamish	M60	Sandefjord	1:17.00	_____
7	Garcia-Martinez, Hector	M40	Dogwood Masters	1:18.93	_____
8	Jones, Cadence	W20	Nanaimo Ebbtides	1:19.90	_____
Heat	13 of 13 Finals				
1	Leyenhorst, Travis	M47	Langley	1:12.78	_____
2	Sanchez, Carlos	M50	White Rock Wave	1:12.47	_____
3	Weber, Michael	M44	Okanagan	1:10.00	_____
4	Lida, Ryoma	M28	Royal Masters Sw	1:07.00	_____
5	Benson, Andrew	M36	English Bay	1:08.28	_____
6	Kernot, Justin	M32	English Bay	1:12.00	_____
7	Van Vliet, Ethan	M21	English Bay	1:12.72	_____
8	Lock, John	M42	Hyack	1:13.61	_____

Event	18	Mixed 800 SC Meter Freestyle Relay			
Sat Event 18, 19, 20 Combined					
Lane	Team		Relay		Seed Time
Heat	1 of 3	Finals			
1					_____
2					_____
3	Legacy		W200 D		17:20.00
4	White Rock Wave		X280 B		14:00.00
5	Comox Valley		X200 A		15:00.00
6					_____
7					_____
8					_____
Heat	2 of 3	Finals			
1	Legacy		W160 G		12:15.00
2	Royal Masters Sw		W200 D		12:00.00
3	Coast Swim Team		W160 A		11:34.00
4	Hyack		M200 A		11:00.00
5	Nanaimo Ebbtides		W120 A		11:15.00
6	White Rock Wave		X200 A		11:55.00
7	Legacy		X160 A		12:01.00
8	Legacy		W160 E		12:15.00
Heat	3 of 3	Finals			
1	Legacy		M200 F		10:35.00
2	Royal Masters Sw		M200 C		10:30.00
3	Vernon		M200 A		9:45.00
4	Royal Masters Sw		X120 A		9:15.00
5	Royal Masters Sw		X120 B		9:40.00
6	Legacy		X200 C		10:01.00
7	Salmon Arm		M120 A		10:30.00
8	Legacy		X120 B		10:55.00
Event	21	Mixed 400 SC Meter IM			
Lane	Name		Age	Team	Seed Time
Heat	1 of 3	Finals			
1	Dowling, Mike	M78	North Shore Mast		9:00.00
2	Denham, Adrienne	W54	Legacy		8:00.00
3	Summers, Scott	M58	Edmonton Masters		7:35.00
4	O'Melinn, Lorcan	M69	Hyack		7:00.00
5	Wallace, Victoria	W57	Coast Swim Team		7:32.08
6	Kalakhi, Camélia	W41	Legacy		7:50.00
7	Collins, Debbie	W66	North Shore Mast		8:30.00
8	Holmwood, John	M71	Vernon		10:02.00
Heat	2 of 3	Finals			
1	Halton, Jane	W49	Legacy		6:50.50
2	Bhogal, Amman	M43	Royal Masters Sw		6:30.00
3	Hamilton, Gary	M65	Legacy		6:15.00
4	Velraj, Niranjan	M30	Legacy		6:06.64
5	Batara, Magnus	M34	Nanaimo Ebbtides		6:10.10
6	O'Connell, Meghan	W41	Coast Swim Team		6:23.44
7	de Groot-Hedlin,	W65	Victoria Masters		6:39.91
8	Freeman, Dale	W65	English Bay		6:53.30

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Sanction #: 24123

Meet Program

Heat	3 Finals (#21 Mixed 400 SC Meter IM)				
1	Schier, Catherine	W53	North Shore Mast	6:00.00	_____
2	Younger, Debbie	W55	Edmonton Masters	5:54.15	_____
3	Aamodt, Tor	M52	Canadian Dolphin	5:32.28	_____
4	Zakala, Josh	M27	English Bay	4:34.00	_____
5	Conroy, Andrew	M34	Royal Masters Sw	5:10.25	_____
6	Pickard, Kevin	M52	Squamish Titans	5:52.00	_____
7	Pendergast, Christina	W48	Nanaimo Ebttides	6:00.00	_____
8	Drinnan, Siubhan	W50	Edmonton Masters	6:05.29	_____

Event	22	Mixed 200 SC Meter Freestyle			
Lane	Name	Age	Team	Seed	Time

Heat	1 of 13 Finals				
1	Newell, Lisa	W44	Spirit Orcas	6:30.00	_____
2	Quick, Paula	W73	Chilliwack Maste	4:34.83	_____
3	Coombs, Katie	W38	Coast Swim Team	4:25.38	_____
4	MacPherson, Linda	W87	Nanaimo Ebttides	4:15.00	_____
5	Komkov, Ivan	M37	Royal Masters Sw	4:20.00	_____
6	Sharock, Maria	W45	Spirit Orcas	4:32.44	_____
7	Brussel, Betty	W101	White Rock Wave	6:10.00	_____
8					_____

Heat	2 of 13 Finals				
1	Cruz, Fernanda	W34	Coast Swim Team	4:11.12	_____
2	Steele, Sarah	W42	Royal Masters Sw	4:00.00	_____
3	Ryan, Nancy	W77	Nanaimo Ebttides	3:50.00	_____
4	Reeder, Neil	M77	Chilliwack Maste	3:38.00	_____
5	Pilon, Carol	W55	Victoria Masters	3:40.00	_____
6	Arruda-Holder, Brittany	W37	Nanaimo Ebttides	3:50.00	_____
7	Harmon, Manda	W54	Legacy	4:05.00	_____
8	Wyatt, Sharon	W59	Royal Masters Sw	4:13.54	_____

Heat	3 of 13 Finals				
1	Kardash, Darlene	W60	Victoria Masters	3:32.46	_____
2	Donoghue, Karl	M85	Dogwood Masters	3:30.00	_____
3	Pedley, Nadia	W48	Coast Swim Team	3:25.00	_____
4	Fabre, Anne	W77	Victoria Masters	3:24.59	_____
5	Korban, Martine	W60	Dogwood Masters	3:25.00	_____
6	Lopez, Georgina	W81	North Shore Mast	3:29.60	_____
7	Paterson, Trevor	M59	Legacy	3:30.00	_____
8	King, Justin	M27	Chilliwack Maste	3:35.50	_____

Heat	4 of 13 Finals				
1	Cross, Susanna	W42	Victoria Masters	3:20.00	_____
2	Schmelzel, Alan	M71	Hyack	3:19.63	_____
3	Briggs, Sandy	M59	White Rock Wave	3:15.50	_____
4	Rea-Palmer, Simon	M45	Nanaimo Ebttides	3:12.00	_____
5	Colasanto, Jessica	W57	Nanaimo Ebttides	3:15.00	_____
6	Wynne, Lindsay	W37	Legacy	3:16.00	_____
7	Edmondson, Jonathan	M52	White Rock Wave	3:20.00	_____
8	Remington, Mia	W42	Legacy	3:20.00	_____

Heat	5 of 13 Finals				
1	Johannesson, Shelley	W64	Nanaimo Ebttides	3:09.00	_____
2	Irvine, Natasha	W43	Legacy	3:07.51	_____
3	Chiu, Kelvin	M43	Coast Swim Team	3:02.00	_____
4	Atkey, Susan	W56	Coast Swim Team	3:01.00	_____
5	Torres, Arturo	M43	Coast Swim Team	3:01.27	_____
6	Fogg, Anna	W37	Coast Swim Team	3:04.74	_____
7	Sabourin, Drew	M47	Spirit Orcas	3:08.60	_____
8	Van Muijlwijk, Jesse	M64	Nanaimo Ebttides	3:10.00	_____

Heat	6 of 13 Finals				
1	Monahan, Justin	M45	Legacy	3:00.00	_____
2	Garratt, Cariad	W49	Legacy	2:59.93	_____
3	Remund, Pierre	M67	Ravensong	2:55.00	_____
4	Beer, Heike	W57	White Rock Wave	2:55.00	_____
5	Keefe, Ryan	M51	Dogwood Masters	2:55.00	_____
6	Nicholson, Ross	M62	White Rock Wave	2:57.78	_____
7	Conti, Valerie	W39	White Rock Wave	3:00.00	_____
8	Macdonald, Sarah	W65	Victoria Masters	3:00.00	_____

Heat	7 of 13 Finals				
1	Freeman, Dale	W65	English Bay	2:52.45	_____
2	Boothroyd, James	M65	English Bay	2:50.00	_____
3	Shirbani, Tabby	W31	Royal Masters Sw	2:50.00	_____
4	Sochanski, Barbara	W48	Okanagan	2:49.00	_____
5	Kim, Andrew	M35	Legacy	2:49.03	_____
6	Kerr, Ben	M46	Victoria Masters	2:50.00	_____
7	Christensen, John	M64	Nanaimo Ebttides	2:50.00	_____
8	Scriven, Jason	M57	Dogwood Masters	2:55.00	_____

Heat	8 of 13 Finals				
1	Mckee, Scott	M65	Salmon Arm	2:48.00	_____
2	Knox, Kylie	W30	Nanaimo Ebttides	2:45.64	_____
3	Lennard, Brant	M31	Nanaimo Ebttides	2:45.00	_____
4	Carmichael, Rod	M74	Victoria Masters	2:42.00	_____
5	Smith, Brad	M66	Nanaimo Ebttides	2:45.00	_____
6	Coutu, Tessa	W34	White Rock Wave	2:45.48	_____
7	Pond, Nicholas	M38	English Bay	2:47.70	_____
8	Brown, Janis	W64	Dogwood Masters	2:48.66	_____

Heat	9 of 13 Finals				
1	Bartle, Darlana	W41	Victoria Masters	2:40.00	_____
2	Velraj, Niranjan	M30	Legacy	2:37.83	_____
3	Clibbon, Chris	M54	Legacy	2:36.60	_____
4	Garrett, Peter	M29	English Bay	2:35.00	_____
5	Jones, Cadence	W20	Nanaimo Ebttides	2:35.22	_____
6	Sexton, Danielle	W36	Coast Swim Team	2:36.62	_____
7	Skoda, Susie	W55	Legacy	2:38.95	_____
8	Salas, Eduardo	M37	Royal Masters Sw	2:40.30	_____

Heat	10 of 13 Finals				
1	Westmacott, Lauren	W46	Victoria Masters	2:35.00	_____
2	Adams, Chris	M57	Royal Masters Sw	2:30.11	_____
3	Robinson, Dale	M51	Victoria Masters	2:30.00	_____
4	Smith, Lee	W46	Legacy	2:28.50	_____
5	Younger, Debbie	W55	Edmonton Masters	2:29.05	_____
6	Gomez-Duran, Daniel	M55	Legacy	2:30.00	_____
7	Van Vliet, Morgan	W43	Ubc Masters	2:32.00	_____
8	Snobelen, Brock	M47	Ravensong	2:35.00	_____

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Sanction #: 24123

Meet Program

Heat	11 Finals (#22 Mixed 200 SC Meter Freestyle)				
1	Moloney, Ryan	M30	Nanaimo Ebbtides	2:27.90	_____
2	Montoya, Pam	W30	Coast Swim Team	2:25.00	_____
3	Carrier, Maya	W22	Nanaimo Ebbtides	2:23.49	_____
4	Daniel, Chris	M65	EDDIE	2:23.00	_____
5	Craig, Rod	M65	Canadian Dolphin	2:23.00	_____
6	Coote, Brian	M51	White Rock Wave	2:24.00	_____
7	Rawlings, Kayla	W38	Dogwood Masters	2:25.00	_____
8	Roguski, Dylan	M47	Nanaimo Ebbtides	2:28.03	_____

Heat	12 of 13 Finals				
1	Mariano, Chris	M41	English Bay	2:20.00	_____
2	Heusel, Peter	M57	English Bay	2:20.00	_____
3	Higgins, David	M55	Dogwood Masters	2:15.00	_____
4	Lipinski, Sean	M46	Vernon	2:15.00	_____
5	Scoffield, Trevor	M51	White Rock Wave	2:15.00	_____
6	Kennedy, Mark	M53	Ubc Masters	2:17.50	_____
7	Sanchez, Carlos	M50	White Rock Wave	2:20.00	_____
8	Garcia-Martinez, Hector	M40	Dogwood Masters	2:22.80	_____

Heat	13 of 13 Finals				
1	Saretsky, Barry	M56	Edmonton Masters	2:10.00	_____
2	Van Vliet, Ethan	M21	English Bay	2:09.99	_____
3	McKee, Torrey	M26	Salmon Arm	2:04.12	_____
4	Thormeyer, Markus	M28	English Bay	2:00.00	_____
5	Lida, Ryoma	M28	Royal Masters Sw	2:00.00	_____
6	Kernot, Justin	M32	English Bay	2:04.60	_____
7	Thomas, Liam	M34	Royal Masters Sw	2:10.00	_____
8	Bergman, Tuesday	W20	Victoria Masters	2:14.00	_____

Event	23	Mixed 100 SC Meter Backstroke			
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Lane	Name	Age	Team	Seed Time
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Heat	1 of 9 Finals				
1					_____
2					_____
3	Fogg, Anna	W37	Coast Swim Team	2:40.00	_____
4	Cooper, Karen	W70	Coast Swim Team	2:35.55	_____
5	Sharock, Maria	W45	Spirit Orcas	2:36.44	_____
6					_____
7					_____
8					_____

Heat	2 of 9 Finals				
1	Gray, Mekayla	W22	Nanaimo Ebbtides	2:20.15	_____
2	La, Karen	W33	Legacy	2:10.00	_____
3	Wyatt, Sharon	W59	Royal Masters Sw	2:09.54	_____
4	Ryan, Nancy	W77	Nanaimo Ebbtides	1:55.00	_____
5	McGowan, Dixon	M52	Spirit Orcas	2:08.40	_____
6	McLafferty, Frances	W69	Legacy	2:10.00	_____
7	Lapointe, Nicholas	M36	Spirit Orcas	2:10.20	_____
8	Komkov, Ivan	M37	Royal Masters Sw	2:30.00	_____

Heat	3 of 9 Finals				
1	Nicholson, Ross	M62	White Rock Wave	1:53.38	_____
2	Goodfellow, Anne	W59	Comox Valley	1:50.18	_____
3	Johannesson, Shelley	W64	Nanaimo Ebbtides	1:49.90	_____
4	Montgomery, Shannon	W54	Comox Valley	1:46.10	_____
5	Moore, Prudence	W77	North Shore Mast	1:46.80	_____
6	Collins, Debbie	W66	North Shore Mast	1:50.00	_____
7	Brault, Danielle	W69	Victoria Masters	1:51.80	_____
8	Ferg, Sonja	W25	Nanaimo Ebbtides	1:53.94	_____

Heat	4 of 9 Finals				
1	Quilty, Nadine	W56	Salmon Arm	1:44.00	_____
2	Stanley Wilson, Linda	W67	White Rock Wave	1:42.00	_____
3	Kitano, David	M49	Comox Valley	1:40.00	_____
4	Minic, Snezana	W62	Dogwood Masters	1:39.00	_____
5	Estevo, Cesar	M36	Comox Valley	1:40.00	_____
6	Denham, Adrienne	W54	Legacy	1:41.00	_____
7	Kay, Jane-Ann	W48	Royal Masters Sw	1:42.00	_____
8	Donoghue, Karl	M85	Dogwood Masters	1:45.00	_____

Heat	5 of 9 Finals				
1	Chandler, Christine	W42	Royal Masters Sw	1:38.98	_____
2	Hillis, Laura	W30	Legacy	1:37.00	_____
3	Huerta, Salvador	M75	North Shore Mast	1:35.28	_____
4	Downey, James	M65	Victoria Masters	1:34.10	_____
5	Wallace, Victoria	W57	Coast Swim Team	1:34.58	_____
6	Haalboom, Alex	W36	Legacy	1:36.00	_____
7	O'Melinn, Lorcan	M69	Hyack	1:37.13	_____
8	Beer, Heike	W57	White Rock Wave	1:39.00	_____

Heat	6 of 9 Finals				
1	Massyn, Mark	M61	Legacy	1:30.00	_____
2	Garratt, Cariad	W49	Legacy	1:27.19	_____
3	Pendergast, Christina	W48	Nanaimo Ebbtides	1:26.00	_____
4	Hiscock, Matthew	M34	Victoria Masters	1:25.00	_____
5	Christensen, John	M64	Nanaimo Ebbtides	1:25.00	_____
6	Slater, Craig	M65	White Rock Wave	1:26.25	_____
7	Graham, Kathy	W67	Dogwood Masters	1:28.50	_____
8	Kobayashi, Yuki	W47	Coast Swim Team	1:34.00	_____

Heat	7 of 9 Finals				
1	West, Alethea	W23	Nanaimo Ebbtides	1:21.89	_____
2	Ling, Francine	W42	Nanaimo Ebbtides	1:21.21	_____
3	Pendergast, Anna	W21	Nanaimo Ebbtides	1:20.00	_____
4	Olynik, Christopher	M44	Nanaimo Ebbtides	1:20.00	_____
5	Flatt, Alexandra	W54	North Shore Mast	1:20.00	_____
6	Stamhuis, Michael	M72	Vernon	1:20.50	_____
7	O'Connell, Meghan	W41	Coast Swim Team	1:21.83	_____
8	Brown, Janis	W64	Dogwood Masters	1:24.75	_____

Heat	8 of 9 Finals				
1	Pendergast, Gavin	M19	Nanaimo Ebbtides	1:17.00	_____
2	Lutz, Joel	M52	Nanaimo Ebbtides	1:15.99	_____
3	Porreca, Sabrina	W26	English Bay	1:15.00	_____
4	Hamilton, Gary	M65	Legacy	1:15.00	_____
5	Mabee, Cindy	W56	Victoria Masters	1:15.00	_____
6	Godding, Curtis Tyler	M55	North Shore Mast	1:15.66	_____
7	Allan, Jen	W46	Royal Masters Sw	1:16.57	_____
8	Wood, Megan	W36	Legacy	1:18.00	_____

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Meet Program

Heat 9 Finals (#23 Mixed 100 SC Meter Backstroke)

1	Jones, Cadence	W20	Nanaimo Ebttides	1:10.77	___
2	Ruiz, Mauricio	M48	North Shore Mast	1:09.20	___
3	Thomas, Liam	M34	Royal Masters Sw	1:08.00	___
4	Zakala, Josh	M27	English Bay	57.76	___
5	Kanci, Yersu	M30	Percy Norman Wav	1:02.80	___
6	Fraser, Alex	M32	Ubc Masters	1:08.99	___
7	Van Vliet, Tristan	M19	English Bay	1:10.00	___
8	Friesen, Adrienne	W34	Ubc Masters	1:13.00	___

Event 24 Mixed 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 16 Finals

1					___
2	Motchman, Meliah	W34	Spirit Orcas	1:30.00	___
3	Harmon, Manda	W54	Legacy	1:00.00	___
4	Holmwood, John	M71	Vernon	57.00	___
5	Kay, Jane-Ann	W48	Royal Masters Sw	58.00	___
6	Lapointe, Nicholas	M36	Spirit Orcas	1:20.73	___
7					___
8					___

Heat 2 of 16 Finals

1	Bardos, Chloe	W32	English Bay	55.00	___
2	Lopez, Georgina	W81	North Shore Mast	51.72	___
3	Lennard, Brant	M31	Nanaimo Ebttides	50.00	___
4	Chandler, Christine	W42	Royal Masters Sw	49.98	___
5	Thrift, Erin	W48	Legacy	50.00	___
6	Fabre, Anne	W77	Victoria Masters	50.22	___
7	Brault, Danielle	W69	Victoria Masters	52.36	___
8	Collins, Debbie	W66	North Shore Mast	56.00	___

Heat 3 of 16 Finals

1	Kardash, Darlene	W60	Victoria Masters	48.70	___
2	Irvine, Natasha	W43	Legacy	48.12	___
3	Manley, Theo	W70	Salmon Arm	47.88	___
4	Cruz, Fernanda	W34	Coast Swim Team	47.12	___
5	Fales, Melissa	W43	Duncan Stingrays	47.77	___
6	Forbes, Judith	W64	Nanaimo Ebttides	48.00	___
7	Pedley, Nadia	W48	Coast Swim Team	48.20	___
8	Krall, Karen	W63	Coast Swim Team	49.32	___

Heat 4 of 16 Finals

1	Martin, Pauline	W58	Ravensong	47.00	___
2	Torres, Arturo	M43	Coast Swim Team	45.13	___
3	Langford, Keely	W41	Coast Swim Team	45.00	___
4	Tucker, Kylie	W50	Vernon	44.73	___
5	Pilar, Maria	W29	Royal Masters Sw	45.00	___
6	Pedley, Sarah	W48	Coast Swim Team	45.00	___
7	Ling-Lee, Vanessa	W31	Royal Masters Sw	45.80	___
8	Remington, Mia	W42	Legacy	47.00	___

Heat 5 of 16 Finals

1	Janzen, Vicki	W55	Chilliwack Maste	43.50	___
2	Haalboom, Alex	W36	Legacy	43.00	___
3	Colasanto, Jessica	W57	Nanaimo Ebttides	42.36	___
4	Salas, Eduardo	M37	Royal Masters Sw	41.57	___
5	Krebs, Donald	M61	Hyack	42.00	___
6	Dyck, Chantal	W57	Vernon	42.50	___
7	Minic, Snezana	W62	Dogwood Masters	43.00	___
8	Kalakhi, Camélia	W41	Legacy	44.00	___

Heat 6 of 16 Finals

1	Chung, Shirley	W54	Legacy	41.00	___
2	Campbell, Marie	W51	Legacy	40.50	___
3	Ng, Lara	W45	Langley	40.28	___
4	Davidson, Tyler	M41	Nanaimo Ebttides	40.00	___
5	Batara, Magnus	M34	Nanaimo Ebttides	40.10	___
6	Keefe, Ryan	M51	Dogwood Masters	40.33	___
7	Eidsvik, Chris	M65	Nanaimo Ebttides	41.00	___
8	Paterson, Trevor	M59	Legacy	41.00	___

Heat 7 of 16 Finals

1	Shirbani, Tabby	W31	Royal Masters Sw	40.00	___
2	Coutu, Tessa	W34	White Rock Wave	39.59	___
3	Graham, Kathy	W67	Dogwood Masters	39.50	___
4	Morris, Alan	M76	Hollyburn	39.00	___
5	Mitchell, Adara	W30	Duncan Stingrays	39.40	___
6	LeBrun, James	M37	White Rock Wave	39.59	___
7	Ferguson, Alanaise	W50	Okanagan	39.61	___
8	Skoda, Susie	W55	Legacy	40.00	___

Heat 8 of 16 Finals

1	Kitano, David	M49	Comox Valley	39.00	___
2	Foukal, Annick	W39	English Bay	38.76	___
3	Molitwenik, Jarett	W20	Vernon	38.00	___
4	Bartle, Darlana	W41	Victoria Masters	37.50	___
5	Carmichael, Rod	M74	Victoria Masters	38.00	___
6	Halton, Jane	W49	Legacy	38.50	___
7	Estevo, Cesar	M36	Comox Valley	39.00	___
8	Kobayashi, Yuki	W47	Coast Swim Team	39.00	___

Heat 9 of 16 Finals

1	Lauzon, Chantal	W52	English Bay	37.00	___
2	Downey, James	M65	Victoria Masters	37.00	___
3	Knox, Kylie	W30	Nanaimo Ebttides	36.04	___
4	Adams, Chris	M57	Royal Masters Sw	36.00	___
5	Westmacott, Lauren	W46	Victoria Masters	36.00	___
6	Sochanski, Barbara	W48	Okanagan	36.50	___
7	Clibbon, Chris	M54	Legacy	37.00	___
8	Massyn, Mark	M61	Legacy	37.00	___

Heat 10 of 16 Finals

1	Yee, Albert	M41	English Bay	35.11	___
2	Smith, Brad	M66	Nanaimo Ebttides	35.00	___
3	Bhogal, Amman	M43	Royal Masters Sw	35.00	___
4	Allan, Jen	W46	Royal Masters Sw	34.77	___
5	Macdonald, Sarah	W65	Victoria Masters	35.00	___
6	Brod, Heloiza	W38	Breakwater Maste	35.00	___
7	Chiu, Kelvin	M43	Coast Swim Team	35.00	___
8	Krzic, Maja	W62	Ubc Masters	35.90	___

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Meet Program

Heat	11 Finals (#24 Mixed 50 SC Meter Butterfly)				
1	DeGear, Derek	M52	Dogwood Masters	34.50	_____
2	Sexton, Danielle	W36	Coast Swim Team	34.26	_____
3	Kerr, Ben	M46	Victoria Masters	34.00	_____
4	Olynik, Christopher	M44	Nanaimo Ebbtides	34.00	_____
5	Khorvin, Alexey	M52	Legacy	34.00	_____
6	Harper, Nicole	W47	Royal Masters Sw	34.06	_____
7	Smith, Lee	W46	Legacy	34.50	_____
8	Lightfoot, Tom	M60	Legacy	34.69	_____
Heat	12 of 16 Finals				
1	Slater, Craig	M65	White Rock Wave	33.85	_____
2	Carrier, Maya	W22	Nanaimo Ebbtides	33.67	_____
3	Pradel Valverde, Brian	M23	Royal Masters Sw	33.00	_____
4	Lutz, Joel	M52	Nanaimo Ebbtides	32.99	_____
5	Pendergast, Gavin	M19	Nanaimo Ebbtides	33.00	_____
6	Dallin, Christopher	M62	Winskill Otters	33.45	_____
7	Schier, Catherine	W53	North Shore Mast	33.69	_____
8	Friesen, Adrienne	W34	Ubc Masters	34.00	_____
Heat	13 of 16 Finals				
1	Hartford, Doug	M62	Victoria Masters	32.60	_____
2	Mabee, Cindy	W56	Victoria Masters	32.50	_____
3	Daniel, Chris	M65	EDDIE	32.00	_____
4	Brick, Alan	M45	Victoria Masters	32.00	_____
5	Johaneson, Darin	M56	Vernon	32.00	_____
6	Robinson, Dale	M51	Victoria Masters	32.00	_____
7	Godding, Curtis Tyler	M55	North Shore Mast	32.57	_____
8	Garcia-Martinez, Hector	M40	Dogwood Masters	32.85	_____
Heat	14 of 16 Finals				
1	Velraj, Niranjan	M30	Legacy	31.79	_____
2	Heusel, Peter	M57	English Bay	31.00	_____
3	Rawlings, Kayla	W38	Dogwood Masters	30.26	_____
4	Scoffield, Trevor	M51	White Rock Wave	30.00	_____
5	Feschuk, Finn	M19	Nanaimo Ebbtides	30.00	_____
6	Nepogodin, Ilya	M40	Legacy	30.81	_____
7	Moloney, Ryan	M30	Nanaimo Ebbtides	31.07	_____
8	Grant, Andrew	M48	Legacy	31.80	_____
Heat	15 of 16 Finals				
1	Fraser, Alex	M32	Ubc Masters	29.71	_____
2	Quilty, Ethan	M26	Salmon Arm	29.00	_____
3	Kernot, Justin	M32	English Bay	29.00	_____
4	Douglas, Kirsten	W27	English Bay	28.19	_____
5	Leyenhorst, Travis	M47	Langley	28.78	_____
6	Weber, Michael	M44	Okanagan	29.00	_____
7	Higgins, David	M55	Dogwood Masters	29.00	_____
8	Kennedy, Mark	M53	Ubc Masters	30.00	_____
Heat	16 of 16 Finals				
1	Ouchi, Kurt	M50	Vernon	28.00	_____
2	Saretsky, Barry	M56	Edmonton Masters	27.90	_____
3	Konge, Leo	M21	Salmon Arm	27.71	_____
4	Savage, Jack	M25	Dogwood Masters	26.33	_____
5	Thormeyer, Markus	M28	English Bay	27.00	_____
6	Vandendungen, Daniel	M46	Duncan Stingrays	27.78	_____
7	Van Vliet, Tristan	M19	English Bay	28.00	_____
8	McKee, Torrey	M26	Salmon Arm	28.11	_____

Event	25	Mixed 200 SC Meter Freestyle Relay			
Sunday Event 25, 26,27 Combined					
Lane	Team	Relay		Seed Time	
Heat	1 of 5	Finals			
1					_____
2	Royal Masters Sw	M200	B	5:52.00	_____
3	Royal Masters Sw	M100	A	4:24.00	_____
4	Coast Swim Team	W200	B	3:18.00	_____
5	Spirit Orcas	X160	A	4:20.00	_____
6	Royal Masters Sw	W120	C	4:47.00	_____
7	Royal Masters Sw	W160	D	5:55.00	_____
8					_____
Heat	2 of 5	Finals			
1	Nanaimo Ebbtides	W240	C	3:00.00	_____
2	Victoria Masters	X280	B	2:53.00	_____
3	Legacy	W160	D	2:37.50	_____
4	Victoria Masters	W160	G	2:32.00	_____
5	North Shore Mast	W240	A	2:35.00	_____
6	Nanaimo Ebbtides	W120	D	2:50.00	_____
7	Legacy	W200	A	2:55.00	_____
8	Nanaimo Ebbtides	M240	E	3:00.00	_____
Heat	3 of 5	Finals			
1	Legacy	W200	B	2:25.00	_____
2	Nanaimo Ebbtides	M160	F	2:25.00	_____
3	Legacy	M240	A	2:20.00	_____
4	Coast Swim Team	W160	A	2:20.00	_____
5	Nanaimo Ebbtides	X160	A	2:20.00	_____
6	White Rock Wave	X160	B	2:24.00	_____
7	Legacy	W120	C	2:25.00	_____
8	Duncan Stingrays	X160	A	2:30.00	_____
Heat	4 of 5	Finals			
1	Salmon Arm	X160	A	2:16.00	_____
2	Vernon	X200	A	2:14.00	_____
3	English Bay	X160	B	2:10.50	_____
4	Nanaimo Ebbtides	W72	B	2:05.00	_____
5	Victoria Masters	M160	E	2:09.00	_____
6	Victoria Masters	W240	F	2:11.00	_____
7	Vernon	X200	B	2:14.50	_____
8	Coast Swim Team	X160	C	2:18.00	_____
Heat	5 of 5	Finals			
1	White Rock Wave	M200	A	2:03.00	_____
2	Nanaimo Ebbtides	M100	G	2:00.00	_____
3	Legacy	M120	C	1:57.00	_____
4	English Bay	X100	A	1:45.30	_____
5	English Bay	M100	C	1:48.09	_____
6	Victoria Masters	X120	A	1:59.00	_____
7	Legacy	M200	B	2:02.00	_____
8	Ubc Masters	X160	A	2:05.00	_____

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Sanction #: 24123

Meet Program

Event 28 Mixed 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Finals

1	Steele, Sarah	W42	Royal Masters Sw	4:44.00	_____
2	Collins, Debbie	W66	North Shore Mast	4:30.00	_____
3	Harmon, Manda	W54	Legacy	4:15.00	_____
4	Forbes, Judith	W64	Nanaimo Ebttides	4:10.00	_____
5	King, Justin	M27	Chilliwack Maste	4:15.00	_____
6	Stanley Wilson, Linda	W67	White Rock Wave	4:20.00	_____
7	Holmwood, John	M71	Vernon	4:44.00	_____
8					_____

Heat 2 of 5 Finals

1	La, Karen	W33	Legacy	4:01.12	_____
2	Cross, Susanna	W42	Victoria Masters	4:00.00	_____
3	Summers, Scott	M58	Edmonton Masters	3:50.00	_____
4	Quilty, Nadine	W56	Salmon Arm	3:40.00	_____
5	Chisholm, Suzanne	W55	Dogwood Masters	3:44.00	_____
6	Estevo, Cesar	M36	Comox Valley	3:50.00	_____
7	Monahan, Justin	M45	Legacy	4:00.00	_____
8	Kay, Jane-Ann	W48	Royal Masters Sw	4:03.33	_____

Heat 3 of 5 Finals

1	Hillis, Laura	W30	Legacy	3:33.59	_____
2	Pond, Nicholas	M38	English Bay	3:30.00	_____
3	Butler, Megan	W60	Vernon	3:18.50	_____
4	Slater, Craig	M65	White Rock Wave	3:15.00	_____
5	Kim, Andrew	M35	Legacy	3:15.27	_____
6	Younger, Debbie	W55	Edmonton Masters	3:20.93	_____
7	Van Muijlwijk, Jesse	M64	Nanaimo Ebttides	3:30.00	_____
8	Langford, Keely	W41	Coast Swim Team	3:36.30	_____

Heat 4 of 5 Finals

1	Hartford, Doug	M62	Victoria Masters	3:13.85	_____
2	Drinnan, Siubhan	W50	Edmonton Masters	3:05.40	_____
3	Pendergast, Christina	W48	Nanaimo Ebttides	3:05.00	_____
4	Jones, Cadence	W20	Nanaimo Ebttides	3:00.00	_____
5	Yee, Albert	M41	English Bay	3:01.64	_____
6	Batara, Magnus	M34	Nanaimo Ebttides	3:05.35	_____
7	Wood, Megan	W36	Legacy	3:10.00	_____
8	Gomez-Duran, Daniel	M55	Legacy	3:15.00	_____

Heat 5 of 5 Finals

1	Aamodt, Tor	M52	Canadian Dolphin	2:57.54	_____
2	Conroy, Andrew	M34	Royal Masters Sw	2:45.10	_____
3	Leyenhorst, Travis	M47	Langley	2:40.78	_____
4	Lida, Ryoma	M28	Royal Masters Sw	2:24.00	_____
5	Zakala, Josh	M27	English Bay	2:28.00	_____
6	Van Vliet, Ethan	M21	English Bay	2:42.27	_____
7	Nepogodin, Ilya	M40	Legacy	2:57.05	_____
8	Conti, Valerie	W39	White Rock Wave	3:00.00	_____

Event 29 Mixed 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 9 Finals

1					_____
2	Manley, Theo	W70	Salmon Arm	2:15.33	_____
3	Montgomery, Shannon	W54	Comox Valley	2:05.10	_____
4	Dowling, Mike	M78	North Shore Mast	2:04.00	_____
5	Krall, Karen	W63	Coast Swim Team	2:05.00	_____
6	Holmwood, John	M71	Vernon	2:06.00	_____
7	Motchman, Meliah	W34	Spirit Orcas	3:30.00	_____
8					_____

Heat 2 of 9 Finals

1	Thrift, Erin	W48	Legacy	2:00.00	_____
2	Pedley, Nadia	W48	Coast Swim Team	1:53.38	_____
3	Sabourin, Drew	M47	Spirit Orcas	1:47.10	_____
4	Tucker, Kylie	W50	Vernon	1:45.00	_____
5	Irvine, Natasha	W43	Legacy	1:46.00	_____
6	Cruz, Fernanda	W34	Coast Swim Team	1:53.02	_____
7	Colasanto, Jessica	W57	Nanaimo Ebttides	1:56.00	_____
8	Denham, Adrienne	W54	Legacy	2:00.00	_____

Heat 3 of 9 Finals

1	Krebs, Donald	M61	Hyack	1:44.00	_____
2	Kalakhi, Camélia	W41	Legacy	1:42.00	_____
3	Chung, Shirley	W54	Legacy	1:40.00	_____
4	Wallace, Victoria	W57	Coast Swim Team	1:38.45	_____
5	LeBrun, James	M37	White Rock Wave	1:39.90	_____
6	Boothroyd, James	M65	English Bay	1:40.00	_____
7	Nicholson, Ross	M62	White Rock Wave	1:43.95	_____
8	Lennard, Brant	M31	Nanaimo Ebttides	1:45.00	_____

Heat 4 of 9 Finals

1	Knox, Kylie	W30	Nanaimo Ebttides	1:30.89	_____
2	Krzic, Maja	W62	Ubc Masters	1:28.18	_____
3	de Groot-Hedlin,	W65	Victoria Masters	1:27.12	_____
4	West, Alethea	W23	Nanaimo Ebttides	1:26.58	_____
5	Harper, Nicole	W47	Royal Masters Sw	1:27.07	_____
6	Halton, Jane	W49	Legacy	1:27.70	_____
7	DeGear, Derek	M52	Dogwood Masters	1:30.40	_____
8	Campbell, Marie	W51	Legacy	1:35.60	_____

Heat 5 of 9 Finals

1	Lauzon, Chantal	W52	English Bay	1:25.00	_____
2	Sochanski, Barbara	W48	Okanagan	1:24.00	_____
3	Ferguson, Alanaise	W50	Okanagan	1:22.14	_____
4	Van Vliet, Morgan	W43	Ubc Masters	1:21.00	_____
5	Adams, Chris	M57	Royal Masters Sw	1:22.00	_____
6	Lightfoot, Tom	M60	Legacy	1:22.87	_____
7	Dallin, Christopher	M62	Winskill Otters	1:25.00	_____
8	Hiscock, Matthew	M34	Victoria Masters	1:25.00	_____

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Sanction #: 24123

Meet Program

Heat	6 Finals (#29 Mixed 100 SC Meter Butterfly)			
1	Brod, Heloiza	W38	Breakwater Maste	1:20.00
2	Olynik, Christopher	M44	Nanaimo Ebbtides	1:20.00
3	Smith, Lee	W46	Legacy	1:19.10
4	Coote, Brian	M51	White Rock Wave	1:16.00
5	Grant, Andrew	M48	Legacy	1:19.00
6	Sexton, Danielle	W36	Coast Swim Team	1:19.79
7	Hamilton, Gary	M65	Legacy	1:20.00
8	Allan, Jen	W46	Royal Masters Sw	1:20.44

Heat	7 of 9 Finals			
1	Moloney, Ryan	M30	Nanaimo Ebbtides	1:15.00
2	Robinson, Dale	M51	Victoria Masters	1:15.00
3	Ruiz, Mauricio	M48	North Shore Mast	1:14.70
4	Higgins, David	M55	Dogwood Masters	1:14.00
5	Craig, Rod	M65	Canadian Dolphin	1:14.00
6	Porreca, Sabrina	W26	English Bay	1:15.00
7	Feschuk, Finn	M19	Nanaimo Ebbtides	1:15.00
8	Schier, Catherine	W53	North Shore Mast	1:15.80

Heat	8 of 9 Finals			
1	Brick, Alan	M45	Victoria Masters	1:13.00
2	Weber, Michael	M44	Okanagan	1:10.00
3	Rawlings, Kayla	W38	Dogwood Masters	1:08.62
4	Fraser, Alex	M32	Ubc Masters	1:06.04
5	Saretsky, Barry	M56	Edmonton Masters	1:06.50
6	Daniel, Chris	M65	EDDIE	1:09.90
7	Pickard, Kevin	M52	Squamish Titans	1:12.00
8	Velraj, Niranjan	M30	Legacy	1:13.84

Heat	9 of 9 Finals			
1	Vandendungen, Daniel	M46	Duncan Stingrays	1:03.41
2	Douglas, Kirsten	W27	English Bay	1:02.58
3	Ouchi, Kurt	M50	Vernon	1:02.00
4	Thormeyer, Markus	M28	English Bay	57.00
5	Savage, Jack	M25	Dogwood Masters	59.59
6	Kanci, Yersu	M30	Percy Norman Wav	1:02.00
7	Konge, Leo	M21	Salmon Arm	1:02.81
8	Leyenhorst, Travis	M47	Langley	1:03.78

Event 30 Mixed 400 SC Meter Medley Relay

Sunday Event 30, 31, 31 Combined

Lane	Team	Relay	Seed Time
Heat	1 of 3 Finals		
1			
2			
3	Legacy	W200 B	7:30.00
4	Legacy	W160 D	6:50.00
5	Coast Swim Team	W160 A	7:26.00
6			
7			
8			

Heat	2 of 3 Finals			
1	White Rock Wave	X240	A	6:45.00
2	Nanaimo Ebbtides	M200	C	6:00.00
3	Nanaimo Ebbtides	W160	B	5:50.00
4	Legacy	W160	A	5:40.00
5	Vernon	W200	A	5:49.00
6	Legacy	X160	G	6:00.00
7	Legacy	W120	C	6:30.00
8				

Heat	3 of 3 Finals			
1	Royal Masters Sw	X160	C	5:25.00
2	White Rock Wave	M200	B	5:15.00
3	Royal Masters Sw	W120	B	4:59.00
4	Royal Masters Sw	M100	A	4:40.00
5	Vernon	M200	A	4:52.00
6	Legacy	M160	F	5:05.00
7	Nanaimo Ebbtides	X72	A	5:25.00
8	Legacy	M240	E	5:30.00

Event 33 Mixed 800 SC Meter Freestyle

Positive Checkin

Lane	Name	Age	Team	Seed Time
Heat	1 of 4 Finals			
1	Wyatt, Sharon	W59	Royal Masters Sw	17:00.00
2	Cruz, Fernanda	W34	Coast Swim Team	15:34.53
3	McGowan, Dixon	M52	Spirit Orcas	15:03.00
4	Wynne, Lindsay	W37	Legacy	14:30.00
5	Pedley, Sarah	W48	Coast Swim Team	14:58.89
6	Manley, Theo	W70	Salmon Arm	15:09.99
7	Thrift, Erin	W48	Legacy	16:00.00
8	Arruda-Holder, Brittany	W37	Nanaimo Ebbtides	18:00.00

Heat	2 of 4 Finals			
1	Korban, Martine	W60	Dogwood Masters	14:05.00
2	O'Melinn, Lorcan	M69	Hyack	13:19.09
3	Johannesson, Shelley	W64	Nanaimo Ebbtides	12:51.70
4	Downey, James	M65	Victoria Masters	12:20.00
5	Mckee, Scott	M65	Salmon Arm	12:29.00
6	Riddell, Marc	M51	Nanaimo Ebbtides	13:00.00
7	Lennard, Brant	M31	Nanaimo Ebbtides	13:20.00
8	Dowling, Mike	M78	North Shore Mast	14:06.00

Heat	3 of 4 Finals			
1	Leier, Brian	M67	Comox Valley	11:53.95
2	Sabourin, Drew	M47	Spirit Orcas	11:30.10
3	Porreca, Sabrina	W26	English Bay	11:20.00
4	Skoda, Susie	W55	Legacy	11:18.41
5	Gomez-Duran, Daniel	M55	Legacy	11:20.00
6	Flatt, Alexandra	W54	North Shore Mast	11:25.00
7	Batara, Magnus	M34	Nanaimo Ebbtides	11:30.65
8	Wilkinson, Mark	M60	Port Alberni	12:07.67

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Meet Program

Heat 4 Finals (#33 Mixed 800 SC Meter Freestyle)

1	West, Alethea	W23	Nanaimo Ebbtides	10:45.77	_____
2	Thesiger, James	M45	Legacy	10:37.36	_____
3	Thomas, Liam	M34	Royal Masters Sw	9:50.00	_____
4	Zakala, Josh	M27	English Bay	8:40.00	_____
5	Bergman, Tuesday	W20	Victoria Masters	9:35.00	_____
6	Craig, Rod	M65	Canadian Dolphin	10:25.00	_____
7	Robinson, Dale	M51	Victoria Masters	10:45.00	_____
8	Westmacott, Lauren	W46	Victoria Masters	11:00.00	_____